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Vol 23+ Issue 8-August 2024

AUGUST 17, 2029

ART CART RACE BEGINS AT NOON, BREMEN AND CENTER STREETS SEE AD ON PAGE 9.





An urban farmer, an actor, and a community builder



Neighbor Spotlight: Andre' Lee Ellis



by BB Bishop

n idyllic summer Saturday morning on a quiet block of West Reservoir Street, not far from the hustle and bustle of Fond du Lac Avenue, is a setting that itself tells a story. Apple trees laden with ripening red and green fruit adorn homeowners' yards. Next door to Bethany C.O.G.I.C. lives a proud veteran. One house over, a plaque on the porch quietly beckons those seeking shelter.

The doors of the District 5 fire house, now a MFD training site, are up, revealing within workout apparatus, as well as the curious glow of LED plant lights.

In the center of a manicured community garden, lays something distinct amongst the flowers and foliage—a labyrinth.

At the gate to the CAGE, Community Agriculture Growing Experiences, visitors are greeted with confident handshakes and complete introductions. The young men are both eager and serious, and their leaders emerge quickly to offer a tour. At the grill, the boys are throwing down at a popup barbeque stand, wrapping up another weekly shift at the garden. As they get ready to break for lunch, a casual circle gathered around "Earth Father" Andre' Lee Ellis listens intently.

CAGE is the brainchild of Mr. Ellis, a Milwaukee legend, whose acting and directing career have brought him almost as much fame as his dedicated work in the community.

The CAGE is not just another specimen from Milwaukee's crop of neighborhood gardens that have spouted all over the last decade. Within it, the young men participating in the targeted program are developing

leadership and personal growth skills from intentional hard work and a circle of role models.

CAGE Board president Dezzy Lovell explains the nature of the program, which has been tailored to strengthen young men with its structure and mentorship. Lovell emphasizes the importance to young men of having male role models and a strong support network, especially to those whose family or neighborhood support systems may be challenged.

About half the boys here are voluntary participants, attracted by peers who spoke highly of the program, but a number are engaged in the justice system. Now in its third season, CAGE has seen scores of young men benefit from the program, which runs as long as the growing season. Ellis has successfully posited CAGE as alternative to sentencing, provided the participant completes the program successfully.

As they arrive Saturday mornings, the expectations at CAGE apply equally to each participant. Those arriving late are not allowed to work their shift. Standards of conduct transcend etiquette. The team's tactics to build inner confidence in young people include financial literacy seminars, and a tuxedo walk.

For over ten years, "Pops" as he is known to the boys, has been conducting the walks. They originated during his tenure at We Got This!, another successful community garden Ellis founded in 2013. Located just a couple miles away, the co-ed program still serves a multitude of neighborhood school-age children.

Each young man participating in the walk is sponsored, and participates alongside mentors in a modern male rite of passage. Besides receiving the suit, a haircut

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Riverwest Currents

PO Box 716 Milwaukee, WI 53201-0716

WE ALL BELONG

A Campaign of MICAH PROTECT DEMOCRACY REJECT WHITE CHRISTIAN NATIONALISM BUILD THE BELOVED COMMUNITY

by Vince Bushell

As I approached the Rally for Democracy sponsored by MICAH (Milwaukee Innercity Congregations Allied for Hope) at the Zelazo Center at UWM, I asked to pay the admission fee. Many had prepaid and I wanted to pay and add a donation to MICAH. Cash.

The woman volunteer looked at me, and rather than going through the process of phone linked paying. Got me a rubber band and placed it on my wrist.

"WE ALL BELONG", it proclaimed and she told me to put cash in the donation table inside, and I did. And I was glad to belong.

The program was set to go on for hours. At least 4 hours. That is a long time but the room was full and it all began with a Latino youth music group and a Kaasumai African Dance Company. A joyous, positive way to start a program.

Three women began the "heart of the matter", Janan Najeeb, Director of Milwaukee Muslim Women's Coalition. Now I cannot begin to sum in text what these women said. Strong voices condemning hate oriented speech hiding behind the name of White Christian Nationalism. Beware the false lamb of God hiding racism and selling oppression in the name of Christ.

Now it is not wise for MICAH to proclaim White Nationalism, Christian or any other brand and link it to the Muslim faith.

The BJC, Baptist Joint Committee, will take on the task as the source of this hate is found in Christian churches.

Rev. Jennifer Nordstrom, Senior Minister at First Unitarian Society of Milwaukee, my beloved church, added to the heart of the matter. And Beloved it is. Without love we fail. And introduced Amanda Tyler.

Amanda Tyler, BJC, Baptist Joint Committee, and founder of Christians Against Christian Nationalism began to define the

She began by noting that the Kassumai African Dance Company that helped open the rally was not to be found downtown at the Republican National Convention. For me the blend of song, dance and musicians that occured at this rally was inspirational, delightful, and entertaining.

Later seveal of the male pastors preached in the inspirational style of Dr. Martin Luther King. But the main theme here was delivered by the women. Glory to them.

I cannot give you a record of Amanda Tyler's presentation, but I can send you the message created by the organization she founded. She did quote Dr. King:

"The church must be reminded that it is not the master or the servant of the state, but rather the conscience of the state."

White Christian Nationalism Defined by the BJC

As Christians, our faith teaches us everyone is created in God's image and commands us to love one another. As Americans, we value our system of government and the good that can be accomplished in our constitutional democracy. Today, we are concerned about a persistent threat to both our religious communities and our democracy — Christian nationalism.

Christian nationalism seeks to merge Christian and American identities, distorting both the Christian faith and America's constitutional democracy. Christian nationalism demands Christianity be privileged by the State and implies that to be a good American, one must be Christian. It often overlaps with and provides cover for white supremacy and racial subjugation. We reject this damaging political ideology and invite our Christian brothers and sisters to join us in opposing this threat to our faith and to our nation.

As Christians, we are bound to Christ, not by citizenship, but by faith. We believe that:

People of all faiths and none have the right and responsibility to engage constructively in the public square.

Patriotism does not require us to minimize our religious convictions.

One's religious affiliation, or lack thereof, should be irrelevant to one's standing in the civic community.

Government should not prefer one religion over another or religion over nonreligion.

Religious instruction is best left to our houses of worship, other religious institutions and families.

America's historic commitment to religious pluralism enables faith communities to live in civic harmony with one another without sacrificing our theological convictions.

Conflating religious authority with political authority is idolatrous and often leads to oppression of minority and other marginalized groups as well as the spiritual impoverishment of religion.

We must stand up to and speak out against Christian nationalism, especially when it inspires acts of violence and intimidation—including vandalism, bomb threats, arson, hate crimes, and attacks on houses of worship—against religious communities at home and abroad.

Whether we worship at a church, mosque, synagogue, or temple, America has no second-class faiths. All are equal under the U.S. Constitution. As Christians, we must speak in one voice condemning Christian nationalism as a distortion of the gospel of Jesus and a threat to American democracy.





Conflating religious authority with political authority is idolatrous and often leads to oppression of minority and other marginalized groups as well as the spiritual impoverishment of religion.

EDITORIAL SUBMITTED BY TERRY HANSEN

The Wisconsin Supreme Court recently ruled that absentee ballot drop boxes can again be used in our state. Democrats contend that unmanned drop boxes make voting more accessible, while Republicans believe the decision encourages voter fraud.

Congressman Tom Tiffany (R-WI) claims the ruling is "effectively legalizing anonymous ballot box stuffing" and "opens the door to potentially fraudulent activities."

And Brian Schimming, Chairman of the Wisconsin GOP, refers to the decision as "a setback for both the separation of powers and public trust in our elections."

Yet according to the Brennan Center for Justice: "Voter fraud related to ballots sent by mail or placed in drop boxes is extremely rare — so rare that multiple analyses have shown that it is more likely that someone will be struck by lightning than commit mail ballot fraud."

Regarding voting by undocumented immigrants, House Speaker Mike Johnson (R-LA) has argued: "We all know, intuitively, that a lot of illegals are voting in federal elections. But it's not been something that is easily provable. We don't have that number."

The reason for Johnson's inability to quantify this is quite simple — the problem doesn't exist. As the Cato Institute explains, "Noncitizens don't illegally vote in detectable numbers."

Continuing in this evidence-free zone, Heritage Foundation President Dr. Kevin Roberts recently stated that he would accept the results of the 2024 election "if there isn't massive fraud like there was in 2020." His view is consequential because Roberts is also the chair of Project 2025, a detailed plan for Trump's second term.

When confronted with the Heritage Foundation's own study finding just 1513 cases of voter fraud in the

U.S.since 1982, Roberts explained that this is "Because it's very hard to document and the Democrat Party is very good at fraud."

This fanciful posturing by Republicans regarding widespread election fraud is reminiscent of White House Chief of Staff Mark Meadows' strongly held belief that Italian satellites changed votes in the 2020 election.

The absurdity and inbuilt immunity from evidence characterizing many of the GOP's election claims brings to mind a story told by the late comedian George Carlin: "While I was out, beings from another dimension entered my apartment and replaced everything with identical items."

It's clear that there are significant doubts about election integrity among the US population largely because of the false narratives relentlessly pushed by former president Donald Trump and his followers.

Please remember that Trump accused Senator Ted Cruz of fraud in the lowa Caucuses, said he wouldn't accept the results of the 2016 election unless he won, never accepted that Hillary Clinton won the popular vote, and said months ahead of the 2020 election that the only way he could lose is if the election is rigged.

Let's heed the words of democracy watchdog organization Freedom House, from its report Democracy in Retreat:

"President Trump has assailed essential institutions and traditions including the separation of powers, a free press, an independent judiciary, the impartial delivery of justice, safeguards against corruption, and most disturbingly, the legitimacy of elections."

Terry Hansen is a retired educator. He lives in Milwaukee.



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Guess who

feature- by Paul Merklein

The drawing to the left is. . If you can identify the person - You win???? Art and an institution that has been around a long time. And so has this man. A riverwester for sure. Music yes, but art of all kinds, are part of the his scene. Well, if you guess correctly, for sure your name will be in the next edition as a winner. And maybe a beer if I am so inclined.

Send your guess to: **this is important**, only those that follow the instructions are eligible.

vbushell@gmail.com ONLY BY EMAIL Subject line must have two words "Guess Who" Thanks Vince Bushell

Last Month, July Guess Who



Submitted first: July 5th.

Marty Hacker and Jim Linneman! Both wonderful, hard-working, generous and caring people. So grateful they put on the annual Peace Through Music event to help end gun violence that benefits WAVE and Brady.

And for all the other annual fundraisers they organize that benefit nonprofits that do great work in our community.

In Peace, Kristina Paris

submitted on July '16th. Marty and Jim Linneman This guy is gonna want a beer. vjbw



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Riverwest Currents

Andre Lee Ellis - Continued from Page 1



Riverwest Elders Guiding Vision: We are a diverse group of Riverwest and nearby neighbors, over 50 years old. We come together to share wisdom, live to our full potential and give back to the community."

Riverwest Elders
August Event Calendar
Wisdom Tuesday
August 6, Noon - 2:00 pm
Lake Park Bistro Patio
3133 Newberry Blvd
A Potluck Picnic!
Bring a dish/snack/dessert to share.
NOTE: Date moved to First Tuesday, due to voting on August 13

Lets Enjoy a River Cruise Together! Thursday, August 22 Register in advance--mkeboat.com Arrive on-deck before 2:00 pm 1124 N Doctor M.L.K. Jr Dr, Milwaukee, WI 53203 Enjoy snacks and beverages

Birthday Lunch August 29 Noon - 2:00pm Twisted Fisherman 1200 W. Canal St. Let's celebrate August Birthdays!

Riverwest Elders Artist Exhibits
North Shore Library
August 1-31, 2024 10am - 8pm
6800 North Port Washington Road
Opening Reception:
Contact Bonnie, bonitaartwork2@gmail.com



Loren and Kolin at the CAGE



Pastors' blessings and Mississippi memories.

and steak dinner, the lessons along the way are ultimately more valuable. Learning how to purchase and wear formal apparel, what their walk and posture communicate about their person, and what to expect in a fine dining restaurant can inspire a young person to visualize beyond the streets.

It takes a village. Besides role model volunteers like Lovell, a successful local entrepreneur, the cadre of promising young alumni who are now in mentor roles are also joined by elders from the community.

Recently, the ministry team of Friendship Missionary Baptist Church adopted CAGE for its outreach ministry. Initially their support focused on financial contributions. On this summer morning, the presence of three visiting pastors graces the CAGE. They are sharing invaluable words and stories with the youth.

First hand accounts of the violence of Jim Crow in the South are becoming more rare these days. Pastor Rev. James Hughes recalls growing up in his hometown of Belzoni, Miss. As a child he viewed Rev. George Lee moments after he was shot in his vehicle in 1955. Not long after, being one of the first students to integrate in the area, he describes the threats and extreme harassment which would cause the family to involuntarily leave and head north.

"They wouldn't take the rent or my father's car note," recalls Hughes. There was no way to stay even if the shotguns and threats had been bearable.

Recollections of growing up down South are robust with descriptions of farm life and a youth spent primarily outdoors--the superiority of the catfish, having to butcher the family hog they used to ride. For many families, growing their own food stopped after the Great Migration.

While beautiful, a primary purpose of the CAGE garden is the feed the neighborhood with fresh produce. Their current goal is to donate 100 lbs. of fresh food to the local community each month. To boost its growing power, several indoor hydroponic growing units have been donated by the agriculture tech start-up ForkFarms, out of Green Bay.

Garden leader Loren Knox oversees the hydroponics project, which is sponsored by Bader Philanthropies. Loren explains that at capacity, each pod can generate as much as 25 lbs. of produce monthly. After extensive training on the hydroponic system, he is now managing the production cycle, and understands the nuances of the light schedules and nutrients required to sustain starts and microgreens, which will be a focus in cooler months. Currently, Knox and the crew are germinating an assortment of

vegetables for a second summer planting: green beans, cucumbers, basil and lettuce.

In addition to its other program goals, Mr. Ellis waxes poetic about the benefits of an improved diet, especially salads and greens in the lives of growing young teens: "You eat fresh, you grow stronger." He won't hesitate to stop and remind the boys to take in the beauty of some growing lush collard greens still misted with morning dew.

Impressively, Knox knows the varietals surrounding the labyrinth, whether garden herbs or native perennials to attract pollinators. The circle here is a beautiful example of what is generally considered a tool for self-transformation. Walking the maze almost always requires vulnerability, a powerful trait, especially so in young men.

On this day, as Friendship's Head Pastor Joseph Jackson, Jr. visits, he shares his own experience with labyrinths and spiritual contemplation. He and Ellis end up reciting the Max Ehrmann prose poem Desiderata. Whether the boys will think back and appreciate anything about today except that they sold a few hot dogs is uncertain, but if anything rubs off from these notable elders it's a gift.

Jeremiah Thompson, who like Knox has been under the wing of Mr. Ellis for the last decade, has taken on a leadership role at CAGE that befits his current CV of not only mentor but entrepreneur, licensed contractor, and supporter of nonprofits. He has been involved in the in the Riverwest co-housing project which promises to soon see revitalization, and he splits his time between businesses in Milwaukee and Chicago.

Other alumni casually stop by the CAGE as the day progresses, to check in and visit with Pops. Just listening to conversations and stories of their own early adolescence, the younger men can absorb wisdom. Whether it's about overcoming hurdles such as arrests and unstable home situations, or about taking a cue from Ellis and making an impact at a young age, hearing about these wins evokes inspiration.

While some of the boys on supervision are held to a strict schedule, come noon, Pops has time to check in on his flock with one-on-one conversations. Knowing these kids, where they come from, and their personal situations, he is able to respond to their challenges with an emotional water can. Nurturing, whether from strong, stable young men or wry elders who occasionally break into song, is happening here at the CAGE, everything and everyone growing strong.

New White House restaurant "Sage" impresses

2900 S Kinnickinnic Ave Milwaukee, WI 53207

contact@sagemke.com 1-414-897-0495

HOURS

Tues-Thurs 11:00am-10:00pm

Fri&Sat 11:00am-12:00am Sunday 10:00am-10:00pm

By Cooper Warner

recently had the pleasure of dining at Sage located at 2900 S Kinnickinnic Ave. The restaurant was formerly White House, but the building still retains its name and historic charm. Owners since 2019 Allison and Zachary Meinhardt said the transition from White House's formal french dining experience to Sage makes the place feel more approachable. The rebrand also came with an exciting addition- a second floor gallery open whenever the restaurant is.

I'd eaten at White House before and, driving past the corner often, was curious when a neon sign popped up in the window. The inside is now moodier, dark green accented with deep colored florals. The beautiful wooden bar is still the centerpiece reminding you that the place was built in 1890. The rebrand works- the space feels hipper while retaining its charm.

The cocktails were a standout. Allison herself worked the bar and was meticulous. I had the 'Sage' a mixture of Korbel, egg white, lemon and simple syrup served with a fresh flower garnish sprinkled in edible glitter. I enjoyed my drink in the large backyard garden. There is nothing more summer than a beautiful drink accompanied by the soft setting sun.

It felt romantic, even as I dined alone. A date, a friend, or an upscale happy hour would be good at Sage, too.

For my dinner I started with Burgundy Escargot. Wild caught snails served in a ramekin topped with a light butter sauce and toast on the side. I ordered this only because it seemed lavish and indeed it was. If you're worried about the snail partdon't be. It was delicious.

My main dish was a fungi ricotta. It was decadent, almost too much given my appetizer. The pork belly with sake, soy, and sesame served over a spring salad seemed delightful, too. The dessert menu was unique, featuring several cocktail inspired treats. The sparkling float made of Cava and melon intrigued. In the end I went for the crème brûlée topped with a berry compote and a sprig of lavender. It did not disappoint.

Inside I toured the gallery featuring three local female artists. The space is available to rent for events. When I'd asked Allison, a painter herself, what brought her to the White House in 2019 she said, "It's a long story. But basically I fell in love with the building." The love rings through the thoughtful menu and creative reinvigoration of a historic neighborhood landmark. For Riverwesters and Milwaukeeans alike, it is worth stopping by.



Chagall's Dead Souls A Satirical Account of Imperialist Russia - June 7-September 8, 2024 1360 N Prosptect Ave.

by Darlene Wesenberg Rzezotarski

I his is a show worthy of your time— Two monumental creatives of their eras meet in a perfect melding of text and image. Curated by the museum's Molly Dubin, the works are from the UWM Art Collection.

Bring your bifocals if you need them! Detailed text and etchings demand close

Indulge yourself in the gift of time, too. The text and images will reward you with their combined voices, speaking truth to power with humor.

Voice 1: Nicolai Gogol. Here is a short man with a big nose and a loud voice, physically and metaphorically. Rooted in the Ukraine, his father instilled pride in his Cossack blood. Empowered by the written word and armed with the outsider's gift of observation, Gogol was able to regard Russian society in 1842

with cutting-edge satire. (For context, this was six years before Wisconsin gained statehood) The iron-handed Tsar Nicholas I kept the empire in check, its feudal system holding thousands of serfs in bondage to corrupt landowners. The Tsar levied burdensome taxes; a serf who died in the year of taxation still had to be claimed as living property. Gogol's sarcasm and acerbic humor tumble magnificently across the page.

Voice 2: Marc Chagall. We know him best for his fractured, floating depictions dripping with bittersweet memories of his Hassidic Belorussian village, Vitebsk. Here he first beheld the world in 1887. An

outsider like Gogol, he headed for St. Petersburg to seek his artistic fortune. Eventually his wanderings took him to Paris, where he was commissioned in 1923 by art connoisseur Ambroise Vollard to illustrate a special edition of Gogol's Dead Souls, by then acknowledged for its genius. Each piece in this show is paired with a matching passage from Dead Souls. By 1926, Chagall had created 96 illustrations masterfully using the techniques of etching, dry point and aquatint.



Voice 3: Pavel Ivanovich Chichikov: This Iconic con artist and enterprising swindler is Gogol's creation. He travels across Russia visiting equally greedy and conniving landowners offering deals they can't refuse. He buys the burdensome "dead souls" on their tax rolls, thus lowering their tax bills, while enhancing his status as the owner of many serfs. On his travels, the picaresque Chichikov confronts outlandish characters, going wherever the road takes him as long as it ends up at a nobleman's estate. Chichikov becomes a vehicle for Gogol's views on societal hypocrisy. Tragedy and humor exist side by side--the sharp tongue, the quick rebuke, the glib, gladhanded deal -whatever thinking on his feet demands at the moment. Will he be victorious? Yes, and no. He gains paper

wealth; but since this was envisioned as Part One of three novels, Gogol never allows Chichikov to end his journey.

Voice 4: You, the Viewer. The exhibit invites involvement. Stations are provided for written response connecting the work to present-day societal issues. What similarities does our world share with the tsarist world of Imperial Russia? Does a corrupt society make swindlers of us all as a necessity of survival? Observe the universal foibles of humanity through a different lens. Sit and watch the accompanying video. Pause to offer your response in conveniently placed notebooks. Take advantage of ongoing community activities at the museum in August. (Check their website for details.)

Voice 5: Yours truly, the Reviewer. I offer a personal note here. I had read *Dead* Souls in school, but it was one of many required reading books on a syllabus and I was more interested in my GPA than in learning. Now I have reread at leisure with more contextual understanding. Paired with Chagall's etchings, it has become a work of Living Souls. The show offers a glimpse into another age that in many ways isn't very different from life today; our world situation with AI deception and unscrupulous on-line hucksters adds another

arena of complexity. I find myself playing a game: Who's my favorite character? The winner is Madame Sobakevich. Gogol describes her as being "long like a cucumber with a habit of washing her hands in picklebrine." She might be your neighbor. You know—the one whose sprawling cucumber vines have crept into your cosmos. Chagall totally understood! I hope you will find your own favorite unions of text and image that you will carry home with you, laughing and crying.

Madame Sobakevich







Riverwest Radio



Riverwest Radio: Broadcasting Live From the RNC

by BB Bishop

The voice of nearly two million union members, via Pacifica Radio Network, joined forces with WORT 89.9 FM, the Isthmus, and Riverwest Radio 104.1 FM to broadcast coverage of the RNC live from Riverwest.

In a historic effort for the station, comprehensive coverage with hosts from all three stations came together for live coverage.

Bob Hennelly, veteran labor journalist of the Pacifica Network, WBAI of New York joined Calli Pittman of Madison's WORT and Keith Gaustad of Riverwest Radio in the first broadcast, launching the live commentary.

Initial interviews started with the team of reporters in conversation with the protesters at Red Arrow Square on the first day of the convention.

With the world watching, and listening, Riverwest Radio had the opportunity to elevate their coverage with technical assistance from WORT and professional journalism from Pacifica and the Isthmus.

From 5-7pm, they aired special coverage from the convention floor, interviews taken earlier in the day with locals and protestors on the ground and sessions with special guests about the issues at play.

Reporting also included coverage of the well-attended rally held by MICAH at the onset of the convention week

against Christian nationalism. The event was held at the UWM Peck School Zelazo Center For Performing Arts Center to accommodate the large attendance.

The Reverend Al Sharpton was originally scheduled to headline the event, but his visit to Milwaukee was moved up in order to give Dvontaye Mitchell's eulogy. Thankfully, other pastors from MICAH delivered, including its president Rev. Dr. Richard Shaw and Rev. Greg Lewis, who later joined the reporters in the studio for a live interview.

As the Executive Director of Souls to the Polls, Rev. Lewis gave valuable insight into what motivates a large percentage of Milwaukee's voters to turn out as well as to select a candidate.

"The major issue, is people just don't understand their (own) power."

Per Pacifica and WORT, focus on choosing guests was to "include diverse voices that reflect the 85 million low-wage and low-wealth voters that constitute a third of the American electorate, but have historically been left out of the national political conversation."

Pacifica Radio Network's membership is supported by "sustaining sponsorships from unions representing close to two million rank and file members." According to its website, it was founded in 1949 as a visionary alternative to commercially-driven media. *Riverwest Radio* is a Pacifica radio affiliate.



Jade Chaysinh @ High Dive





	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30				Ras Ameen's Grand Rising			
9:00		Keith G					
10:00	biNg bOnG cRuNCH!	The Brümeister					
12:00		Democracy Now!	Democracy Now!	Democracy Now!	Democracy Now!	Democracy Now!	
15:30					When in Rome		
16:00					open	MKE in French	
16:30		Healthy Food in the 53212	Ras Ameen's Smoke Break	open	open	Mix Tape	Alleyway
17:00	Ching	InterstellarVision	Mosh Wah's	Self-Expression	Now What?	Life Welcome to	Concert
17:30	Suru	x IntellectualMinds	Palace	w/ Super Ego	The Log	Reality	Series
18:00	Sunday Scaries	Living Target	Rive Gauche	Conextion w/ madxLove Xxo	Sorta Ridiculous	Deconstructing Politics	****
18:30	Charles Bursell Presents	Metal Revival	Lion's Tooth Radio Show	Act of	Mychal Graham Sports Plus	Station414	August
19:00		MKE Direct	OWL: Older.Wiser.Local	Imani	Jazz Jive		3,10,24,31
19:30		Social	Expo Radio	AbilityMKE Now!	15 To Tha Streets	open	
20:00	Conspiracy	Retreat in The Arts	The Grass	Cornucopia	Whispering Bones	Non-Genre'd	
20:30	Enlightenment	with Ray Real-Lee	is Greener	YRU / We Heard	Movie Hustle	-DJ DRiPSweat	
21:00	Storefront		Active	We're Funny	Cinema Tonight		
21:30	Music Hour		Culture	Bait & Switch Podca	ast		
22:00	Ching	Democracy Now!	Democracy Now!	Democracy Now!	Democracy Now!	Democracy Now!	
23:00	Suru				Mychal Graham Sports Plus		





Chali Pittman of WORT, Bob Hennelly of Pacifica, Xav LePlae and Kelly Meyer of Riverwest Radio, and Faye Parks of WORT broadcasting live from Riverwest Radio during the RNC. Photos courtesy Liam Beran.



Microplastics Abound

By Kim Lamers

Plastic has made our lives easier to manage, but it has also impacted the environment, animals, and humans significantly. There is a fine line of what we would do without roads, clothes, and food storage packaging and the potential effects that it could have long term. It's safe to bike with a plastic molded helmet on especially if you crash, yet that helmet never biodegrades when it is placed in a landfill.

The origin of plastic dates back as early as 1907 when the first synthetic (no natural material) plastic was invented. Nylon was invented in 1935 during WWII as it was used for parachutes as a form of synthetic silk. Plastic was used extensively during the war for things like aircraft windows and its lightweight and pliability made it appealing. Fast forward from the date of invention, researchers began to notice the accumulation of plastic in the oceans in 1960 and started studying the impacts of plastic on the environment.

Today the terms microplastics and nanoplastics are talked about frequently and research is being done on the impacts of them on human health that is not yet conclusive yet scientists and doctors are finding microplastics in human blood, tissue, and plaque in the carotid arteries of subjects in research studies to name a few parts.

So what is the definition of microplastics and where do they come from? Microplastics are tiny broken down pieces of plastic that are less than 5 mm and nanoplastics are much smaller. Forbes magazine said that about 400 million tons of plastic are produced per year. From that plastic particles are getting in the food we eat, the air that we breathe and the water that we drink. Unfortunately, microplastics are nearly everywhere. Microplastics form when disposed plastic breaks down and things like single use bottles, plastic bags, food packages, auto parts (tires), toys and other items are a large source. There is also microplastic in some personal care products that we use like some toothpastes and face washes for example.

One source that contributes to microplastics in the environment that isn't always talked about is synthetic clothing. Clothes that are made of polyester, fleece, acrylic are some of the contributors that cause 35% (the largest percent) or microplastic release into the water and environment. When these clothes are washed and dried tiny plastic fibers get leaked into the water and

Some ways to decrease the emission of synthetic fiber microplastics is to buy cotton clothes and to put your wash in bags that catch the plastic. You can also do larger loads of laundry less often and wash in cold water. Some areas of the world are selling washing machines that filter out the plastic pieces, however they are more expensive and legislation has been placed in those areas to promote these developments. It can also help to dry your clothes on a close line or buy clothes second hand. It would be helpful if less clothes were made with synthetics as well because it has been found that a single load of laundry can release several million microfibers. These fibers don't all get removed at the water treatment center so the sewer sledge released as a result goes onto the soil as pesticide and gets into the food we grow.

Dr. Raffael Marfella is doing a study that is getting much attention in the press. He studied the plaque from carotid arteries of 250 subjects and found that 60% of those he studied had microplastics in their carotid arteries. They are continuing to research to see how that impacts cardiovascular disease and strokes in these subjects.

If you are wondering what food has been found to have the highest level of microplastic in it the answer is shellfish.

An organization that you can find online is Plastic Free Milwaukee. They are working to try and reduce single use plastic and promote lake friendly restaurants that do not use single use plastics. A list of those restaurants are below.

It's been a challenge in Milwaukee to get a ban on plastic bags like other states have done. We still have a long way to go in finding plastics that are more recyclable or that biodegrade.

The purpose of this article is to raise some awareness and get you to think about what impact you can try to make for yourself and others in the plastic realm. It also is an encouragement that you get out and vote and do your research.

Kim Lamers, BSN, RN

Nanoplastics are so small they cannot be seen with a standard microscope. Nano particles are measured in billionths of a centimer, Micro particles are measured in millioths of a centimeter.

TWO IMAGES FROM OUR DELIGHTFUL

SECRET GARDEN TOUR

SUNDAY JULY 14





A PLETHORA OF OUTDOOR ROOMS OFFER COZY SPACES OF LIGHT AND DARK. SHARING WITH TREES AND VINES AND PEOPLE. CHARLES & SAGE.





1413 N. 60th Street 414-727-1799

Highlands Café

Hours: Wednesday-Sunday 7:00 AM-2:00 PM highlandscafetosa.com

by Cari Taylor Carlson

n a small café at the corner of 60th and Vliet, they cook with local ingredients as much as possible, and if you like classic dishes in a café setting, you will be delighted with this restaurant. There are more or less a dozen tables and a bar where customers also eat and drink. On a recent Friday, we noticed a rollicking group at the bar and learned from our server that they are TGIF regulars.

It is a café, so along with the usual coffee selections, there are a couple of unusual concoctions: a Grasshopper; a Turtle Mocha; a Mexican Mocha; and a Caramel Royale. There is also a short list of adult beverages such as a Loaded Bloody Mary, An Apple Whiskey Old Fashioned, a Vliet Street Margarita, and a Blue Daly, vodka, blueberry iced tea and lemonade. Also on the drink menu, there is a basic Mimosa, a Beermosa, Spotted Cow and orange juice, and a Peach Mango Mimosa.

You might have a hard time deciding on what to order for lunch when you see the tempting choices on the menu. My Short Rib and Grilled Cheese filled with plenty of beefy meat, melted pepperjack, and smoky onion marmalade, was rich, spicy, and juicy. The onion marmalade pulled all the flavors together into one big messy sandwich. My companion's Black and Bleu Burger topped with fried onions, thick-cut bacon, and melted blue cheese, hit all the right notes, funky, fatty, salty, and a little sweet from the fried onions. The chef turned this one-half-pound of ground steak into something superior to an ordinary burger. Another companion ordered the Chicken Salad Sammie on whole wheat. The filling overflowed the toasted bread and the accompanying onion rings were delish.

For vegetarians there is a Veggie Burger, barley, lentil, and a portobello mushroom patty on a brioche bun with roasted red pepper aioli. There are also more sandwiches and wraps including a Tuna Melt and a Reuben. All the burgers, wraps, and sandwiches are served with house made chips or onion rings. You will not want to leave a single chip or ring

If you prefer a salad, you can order Chicken Caesar Salad, avocado and blueberry topped with a grilled chicken breast, or Walnut Chicken Salad with green apple, blue cheese, and walnuts, and dressed with an apple vinaigrette.

We found the café crowded on a Sunday morning. It is truly a neighborhood place where locals gather. We saw babies, toddlers, grandparents, young couples, and everywhere, smiles and laughter.

At brunch, we bypassed the House Specialties, Avocado Toast, Crepes, and Chilaquiles, and instead chose the more traditional Veggie Omelet, Corned Beef Hash, and Biscuits and Gravy. The three egg Veggie Omelet filled with spinach, broccoli, onions, green beans, cauliflower, and carrots, was a flawless feast of veggies. The eggs were almost superfluous. The Corned Beef Hash was generous, with more meat than potatoes and enough for another meal at home. For the Biscuits and Gravy, the chef drowned two flaky biscuits with sausage gravy. Because I could, I



added chorizo gravy to one of the biscuits. It was mild with a slight hint of spice and like the corned beef in the hash, there was a generous serving of sausage and chorizo

Highlands Café is a gem. I can't wait



Happenings in the neighborhood

by Ruth Weill

Center Street Daze Festival is happening on Saturday August 17 from 11-7pm on E. Center from

Holton to Humboldt. Several stages of live music, marketplace, food and drink along with various activities. Uptowner's Pool tournament is back this year, after a hiatus. The Jazz Gallery has a children's activity area. The Art Cart Race begins at 12pm, hope you're building your cart.

Please visit https://centerstreetdazehttps://www.facebook. festival.com/or com/centerstreetdazefestival/ for more information.

The Riverwest Farmers Market is back for all your local shopping needs. Again, on the 2700 N Pierce Street each Sunday from 10-3pm and runs through the end of October. The marketfeatures locally grown produce, flowers, bakery, eggs, meats, prepared foods, pickled veggies, jams, coffee, teas, kombucha, body products, candles, art, jewelry and so much more.

EBT, Market Match and WIC are accepted. Please visit riverwestmarket.com or on Facebook for more information, or email info@riverwestmarket.com

Riverworks presents the Beerline Celebration Series consisting of 3 evenings of music along with 53212Marketplace Minis all happening at the Beerline Plaza located at 3350 N Holton Street, on the 3 rd Friday of the month: July 16, August 16 and September 20. As of this printing

July's event already happened with Smoke & amp; Mirrors and Urban Empress and the Urbanites.

Look for Extra Crispy Brass Band and Love Peace & Soul in August and DJ Bizzon and Caché in September. Another aspect of the Beerline Celebration Series is the fourth annual Beerline Shuffle happening on Saturday October 5, 3 miles of art, music and unity on the Beerline Trail.

More information is coming soon.

Are you interested in becoming involved with the programming and activities on the Beerline Trail? Want to spend some time outside?

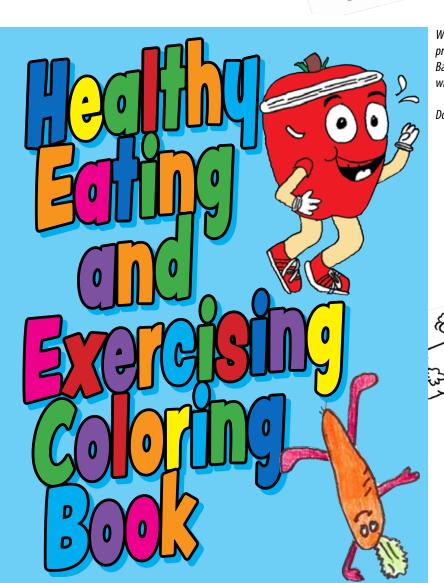
Please join the Friends of the Beerline Trail., the resident arm of the Beerline Trail. Join us as we tour the trail, help at events, do weed outs along with other landscaping and clean-up activities.

Please contact Robert at robertk@riverworksmke.org or call 414-882-7429 for more information. Check out the website at www.beerlinetrailmke.org

The Riverworks Financial Clinic is now a Financial Empowerment Center (FEC), providing one on financial counselling including budgeting, credit repair, and tax help, all free of charge. Ifyou are or know an older adult who needs access to resources, the Senior Navigator program is housed within the FEC. Please call 414-882-7430 for more information.







What fruit has a thick yellow skin covering a soft white inside? BANANAS, of course! They are full of potassium that helps prevent muscle cramps. If you are playing a sport for a long time or exercising hard, it is good to eat a banana. Bananas also have fiber to help you poop. Some say that they can give brain power, increase happiness, and help in times when life is hard. Bananas are good plain or with peanut butter or in a fruit salad.

Don't forget to work your muscles every day to get strong. Go bananas for healthy eating and exercise!





Concerned property owners at the Falcoln Bowl question the proposal of a NID for Riverwest. Stoney Rivera (not shown) asked that residents be allowed to raise questions before proceeding.

Questions about NIDs, BIDs, street repairs or public art? Write us: vbushell@riverwestcurrents.org

A proposed NID, Neighborhood Improvement District failed to win approval at the first meeting held on July 2nd. at the Falcon Bowl. Over 100 people were in attendance at that meeting.

A NID is a city neighborhood with defined boundaries, such as Riverwest, that request a tax be levied on all properties in support of neighborhood improvement projects.

This NID would be run out of Riverworks with a resident board approving projects.

The proposal could be raised again in the future if citizens organized and lobbied for the program.

It seems there is some interest in establishing a Riverwest Neighborhood Association, similar to one we used to have years ago.

A Neighborhood Association can be established as a non-profit and apply for projects such as a NID, if desired.

Riverworks runs a number of programs for Riverwest and Harambee.

Ruth Weill lives in Riverwest and sustains a number of programs for us: Including the 4rh of July parade and celebration in Gordon Park and the Riverwest Farmers Market on Pierce Street on Sundays thru October. Ruth is an employee of Riverworks.

Thank you Ruth for all the work you do for our community.

Riverwest ia a activist community with many things happening. It is a happening place. This month the Center Street Daze will happen again. Ruth also coordinates this street festival.

The Second meeting regarding the NID was held on July 10th at the Falcon Bowl.

That meeting probably should have been canceled as the slide projected on the screen said the NID would not proceed.

That made for a confusing situation with people looking to be informed on the NID and others protesting it. And it was not possible to focus on a more strategic issue: should we form a new RNA, RIVERWEST NEIGHBORHOOD ASSOCIATION.

People have strong opinions here and common ground is not easy to find.

Such is the human condition. Remember to have fun and enjoy all the great things happening in Riverwest.

Its summer and despite the Republicans being in our Blue city, we are gonna have fun

Protect checks and balances in our state constitution.

On August 13, you can protect checks and balances in our state constitution. Political insiders and special interests added two deliberately confusing constitutional amendments to the August ballot. Their goal is to take advantage of a low turnout election and confusing language to change our constitution—getting rid of checks and balances that ensure fairness and representation for all Wisconsinites. You have the power to stop this extreme power grab by voting NO on both constitutional amendments.

Vote **NO** on questions 1 & 2 on or before Tuesday, August 13.

Eliminates checks and balances:

These Amendments eliminate checks and balances by trying to trick voters into giving away sole power of spending these federal funds to the legislature. Currently, the governor and legislature work together through the state budget process to decide how to distribute most federal funds.

Blocks emergency response: These Amendments could slow or block funding for emergencies that require urgent help—like a flood, a bridge collapse, or a pandemic affecting people or livestock. During a crisis, communities can't afford delays caused by requiring legislators to go to Madison to vote or the political gridlock and fighting over how to spend federal funding.

More gridlock in the Legislature:

These Amendments would lead to more gridlock in Wisconsin's unproductive legislature, which has been one of the most extreme in the country. When hospitals and first responders needed funding, they didn't pass a single bill for six months. This year, the legislature blocked money to clean toxic chemicals from our water and blocked settlement money to address the opioid epidemic.

Deliberately confusing:

These Amendments were designed with deliberately confusing language and are the first Constitutional Amendments ever put on a low-turnout August election ballot. The special interests that wrote these Amendments don't want Wisconsin voters to understand them or have their voices heard.



AUGUST 17, 2029





1 THURSDAY

ALL SAINTS CATHEDRAL, 818 E. Juneau St Hunger Book Sale. Used books, recorded music and movies for sale. Some rare and collectible. All proceeds go to fight hunger. Opening Night, 6-9pm. \$5.

BAR CENTRO Jazz Jam open mic, no

cover and drink specials. 8:30-11:30pm.

BIKE NIGHT CONCERT SERIES, 400 W Canal All bikes unite at the Harley-Davidson Museum from 5-9pm for music by American Progress (rock).

BREMEN CAFÉ Bashtardash; Choke

Chain; GoHangMusic

CATHEDRAL SQUARE PARK, 825 N Jefferson Jazz in the Park! Happy hour, 5-6pm. Music, 6-9pm. Fresh Coast Jazz Festival presents Marcus Adams & Friends

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, **1801 N Prospect Av,** Enjoy free admission to the Museum from 10am-

FALCON BOWL Bad Witch, 7pm.
JAZZ GALLERY CENTER FOR THE ARTS OWL (Older. Wiser. Local) Vince Bushell of Riverwest Currents: August 2024 Issue. 1-4pm.

LINNEMAN'S Bare Ass Antlers. 8-11pm. \$5

PINK HOUSE STUDIO Check first @ pinkhouse.net. Dharma Recovery Meditation group, 6:30-8pm. (Contact Steve G: 414-339-7691)

RIVERWEST YOGASHALA for Elders & Elders To Be w/Sara, 2-3pm. for Elders & Elders To Be w/Sara, 2-3pm.
Beginning Yoga Course w/Sara, 4:305:45pm. Gentle, Therapeutic Yoga w/
Tracey 7:30-8:45pm.
SHANK HALL Chuck Mead, Jason
Ringenberg. 8pm, \$20
VILLA TERRACE ART MUSEUM,
2220 N Terrace Av, Enjoy free admission
to the Museum from 10am-5pm.

2 FRIDAY

ALL SAINTS CATHEDRAL, 818 E. Juneau St Hunger Book Sale. Used books, recorded music and movies for sale. Some rare and collectible. All proceeds go to fight hunger. 11a-6pm

daily through Aug. 6. Free.

ANODYNE COFFEE, 224 W Bruce
"PROMISES" by Micah Emrich - Album Release Show with FTBK, Duwayne, & Nzinga. 7pm doors, 8pm show. \$15.

BAR CENTRO Badland. 8-10:30pm.

BREMEN CAFÉ Drumbalaya INNER HIGH YOGA, 2704 N Booth St Sunrise Hatha Yoga, 7-7:45am. 18 and

over Pre-book: innerhighyoga.com
INSPIRATION STUDIOS, 1500 S
73rd St Opening Reception: NO LIMITS
Exhibit by GROUP OF FIVE, featuring
Marcia Hero, Debbie Calahan, Kathleen

Pulz, Fred Bell, Tim Rozwadowski. 5-8pm.

JAZZ GALLERY CENTER FOR THE ARTS OWL (Older. Wiser. Local) First-Friday Drum Circle with mystery guest

drum leader. 1-4pm.

KINSHIP COMMUNITY

CENTER, 924 E Clarke Volunteer food sort hours: 8:30-10:30am LINNEMAN'S Bill Camplin, 7:30-

9:30, \$15

MAD PLANET Friday Night Retro Dance Party with DJ Paul H! 9pm, \$7

NASHVILLE NORTH, 1216 E Brady
St Dark Side (Pink Floyd Tribute), 7-10pm PINK HOUSE STUDIO Check first @ pinkhousestudio.net. GIA 4 Every Body, 9:15-10:30am. African Dance, 6-7:15pm. YOGASHALA **RIVERWEST**

Therapeutic Yoga w/Tracey. 9-10:15am. SHANK HALL Čhris Smither, BettySoo. 8pm, \$30

THE GATHERING TABLE, 2nd & Clarke Free produce, organic veggies, eggs, yogurt, sandwich bread, whole grain pastas, rice, and more! 12-4pm

UWM PLANETARIUM, 1900 E

Kenwood Blvd Moving to Mars. Students xxplore what we have learned about Mars, especially the potential for life on the red planet and the obstacles we need to overcome to send humans to Mars in the 2040s. \$6 general admission // \$5 UWM student

3 SATURDAY

ALL SAINTS CATHEDRAL, 818 E. Juneau St Hunger Book Sale. Used books, recorded music and movies for sale. Some rare and collectible. All proceeds go to fight hunger. 11a-6pm daily through Aug. 6. Free. BAR CENTRO Can't We Be Friends?

A tribute to Ella Fitzgerald & Louis Armstrong, featuring Faith Hatch and Ricardo Jimenez. Shows at 7 and 9pm.

BREMEN CAFÉ Wylie Jakobs Summer Song Swap Featuring Montana Suede (9pm); Brother Nate (9:30pm); Cool Breeze (10:30pm); DJ Max Volume

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Themed story and activity hour for kids ages 4-10. 1pm. Just \$5 per family! Visit www.charlesallis.org to sign-up.

FALCON BOWL Oogwe w/ Bad Roommates, Pushing Indigo and ID.

JAZZ GALLERY CENTER FOR THE ARTS Mike Baggetta + Peter DiStefano Punk Jazz Tour + Swim Two Birds. 7-10pm, \$15

JAZZ GALLERY CENTER FOR THE ARTS Free Improv Sessions -- 10am-

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Food Distribution at St. Casimir's Church -- 8:30-10:30am. Proudly serving the 53212, 53211, 53217,

S3202, and 53203 zip codes!

KINSHIP COMMUNITY FOOD

CENTER, 924 E Clarke Volunteer food distribution hours: 7:30-11:30am

LINNEMAN'S Deep Cricket Night;

Blue Jets; Certain Stars. 8:30-11:30pm,

\$10

MAD PLANET Lizzo vs. Ariana Grande vs. Charlie XCX dance party! Hosted by DJ Frank Straka. 9pm, 21 and

RIVERWEST YOGASHALA Intermediate Yoga w/Sara, 9-10:30am.
Mat Pilates w/Christine, 11-11:50am.
STAND FOR PEACE at Santa

Monica & Silver Spring Join with Peace Action of Wisconsin in our 21st year of

standing for peace, noon until 1pm
THE VIVARIUM, 1818 N. Farwell

Steve Hofstetter, 8pm, \$30+

UPTOWNER Eye on the Prize, 9pm

VILLA TERRACE ART MUSEUM,

2220 N Terrace Av, Words by the Water

Poetry Workshop, 9-11am. Save \$5 when you register online. Visit villaterrace.org to

VILLA TERRACE ART MUSEUM. 2220 N Terrace Av, Heal and relax with a session of breathwork in the garden from 11 a.m. to noon. \$35 per session when you register online. Visit villaterrace.org to learn more and sign-up.

4 SUNDAY

ALL SAINTS CATHEDRAL, 818 E. Juneau St Hunger Book Sale. Used books, recorded music and movies for sale. Some rare and collectible. All proceeds go to fight hunger. 11a-6pm daily through Aug. 6. Free.

ANODYNE COFFEE, 224 W Bruce

The Wildwoods + Admiral Radio. 5 doors, 6 show. \$12

BREMEN CAFÉ Ginmaster Bingo

GARDEN PARK , Locust & Bremen Sunday Funday live music in the park,

INNER HIGH YOGA, 2704 N Booth **St** Sunday Morning Hatha Yoga, 10-11am. 18 and over. Pre-book: innerhighyoga.

PINK HOUSE STUDIO Confirm first @ pinkhousestudio.net. Ryan Hader and the Backward Echo Band, Kirtan, 3pm

RIVERWEST FARMERS MARKET, 2700 block N. Pierce Come get produce, locally grown flowers, bakery, eggs, meats, prepared foods, pickled veggies, jams, coffee, teas, kombucha, body products, candles, kombucha, body products, candles, art, jewelry, more! EBT, Market Match and WIC are accented

RIVERWEST **YOGASHALA** Therapeutic Yoga w/Tracey, 10-30-11:45am. Restorative Meditation w/Shami

SHANK HALL Dixon's Violin, 7pm, \$25

THE GIG Bluegrass Jam, 1-4pm UPTOWNER Wilson Family Blues Band, 3pm.

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Yoga on the Terrace at 8:30am. Pay-what-you-can at the door or pre-register for \$15

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Chess Lessons from 10am-1pm. Save when you pre-register via MKĖTix

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Café Sopra Mare from 10:30am-12:30pm. FREE live music and coffee in the courtyard courtesy of our community. Donations welcome.

5 MONDAY

ALL SAINTS CATHEDRAL, 818 E. Juneau St Hunger Book Sale. Used books, recorded music and movies for sale. Some rare and collectible. All proceeds go to fight hunger. 11a-6pm

daily through Aug. 6. Free.

BREMEN CAFÉ Comedy Open Mic, 8pm. Then Music Open Mic w/ Ouzman

FALCON BOWL Cream City Swing INSPIRATION STUDIOS, 1500 S 73rd **St** AUDITIONS: Theatrical Tendencies THE VULTURES. 6:30pm.

LINNEMAN'S Poet's Monday! Doors 7pm, performances start 7:30pm. \$3 Featured poet: Faith Hatch

PINK HOUSE STUDIO Confirm first @ pinkhousestudio.net. Super Gentle Yoga w/ Sarah Moore, 10-11am. Mindful Flow w/Sarah, 6pm.

RIVERWEST **YOGASHALA** Therapeutic Yoga w/Tracey, 6-7:15pm
THE GATHERING TABLE, 2nd & Clarke Free produce, organic veggies, eggs, yogurt, sandwich bread, whole grain pastas, rice, and more! 12-4pm

UPTOWNER Song-A-Long, 7-10pm (every first Monday)

6 TUESDAY

ALL SAINTS CATHEDRAL, 818 E. Juneau St Hunger Book Sale. Used books, recorded music and movies for sale. Some rare and collectible. All proceeds go to fight hunger. 11a-6pm

daily through Aug. 6. Free.

BREMEN CAFÉ Karaoke 9pm

COA SKYLINE MUSIC SERIES,
Kadish Park, 950 E North Av Live music Kal Bergendahl Project, 5:30-8:30pm **INSPIRATION STUDIOS, 1500 S 73rd**

St AUDITIONS: Theatrical Tendencies THE VULTURES. 6:30pm. JAZZ GALLERY CENTER FOR THE

ARTS Genisx Jam, 7:30-10pm. KINSHIP COMMUNITY CENTER, 924 E Clarke Food Distribution at St. Casimir's Church -- 4-6pm. Proudly serving the 53212, 53211, 53217, 53202,

and 53203 zip codes!
KINSHIP COM KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food

distribution hours: 2:30 or 3:30 - 6:30pm LAKE PARK BISTRO PATIO, 3133 Newbury Blvd Riverwest Elders gathering, Wisdom Tuesday. Noon-2pm. BYO lunch for yourself or potluck to share. Take home your plates and utensils (no

MIRAMAR THEATRE R&B Tuesday. Milwaukee's #1 R&B Party - DJ'ed by Mr. New York. 9pm

PINK HOUSE STUDIO Confirm first pinkhousestudio.net. GIA 4 Every Body, 9:15-10:30am. Keep it Simple (KIS) Yoga, 6-7:30pm.

RIVERWEST **YOGASHALA** Community Gift: Yoga Basics, 6pm SHANK HALL Abe Partridge, 8pm,

UPTOWNER Turntable Tuesday with DJ Tryss. 9pm start. Email Uptowner. mke@gmail.com if you'd like to sign up

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, First day of "Creating with Clay" summer art camp for kids from

WXRW, 104.1FM RIVERWEST RADIO OWL (Older. Wiser. Local) Karen Beaumont Presents: Hawthorne Story.

7 WEDNESDAY **ANODYNE COFFEE, 224 W Bruce** Anna Smyrk. 6pm doors, 7pm show. \$12

BREMEN CAFÉ Trivia 6:30pm. DJ NME, 9pm (bar area) INNER HIGH YOGA, 2704 N Booth

Slow Flow Vinyasa, 5:30-6:30pm. 18

INSPIRATION STUDIOS, 1500 S 73rd St CALL BACKS: Theatrical Tendencies THE VULTURES. 6:30pm.

LINNEMAN'S Acoustic Open Stage - Doors open and sign-up starts at 7pm. Show starts at 8pm. Featured performer:

PINK HOUSE STUDIO Confirm first @pinkhousestudio.net. Grace In Action (GIA) for everyone, 9:15-10:30am. Yoga w/Kat Donaldson, 11am-Noon.

YOGASHALA RIVERWEST Beginner Yoga Course: Decelerate w/ Sara, 2-3:15pm

SOUTH SHORE BEACH, 2900 S Shore Dr ArtBlaze on the Beach! Live music by Kid Boogie Down, 3:30pm; Hale o Malo, 5pm; Undercover Organism,

6:30pm; Urban Empress 8:15pm.

THE GATHERING TABLE, 2nd & Clarke Free produce, organic veggies, eggs, yogurt, sandwich bread, whole grain pastas, rice, and more! 12-4pm

THE GIG Wednesday Night Open Mic Music. Sign up sheet goes out at 8pm and the open mic will be up and running from 8:30pm to 11pm.

THE VIVARIUM, 1818 N. Farwell Carlie Hanson w/special guest Ezra. 8pm.

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Remote work session from noon to 3pm. Enjoy complimentary coffee and printing for just \$15 per session of FREE for museum members

8 THURSDAY

BAR CENTRO Shuga Blu (soul/

reggae). 8-10:30pm. \$10

BIKE NIGHT CONCERT SERIES,

400 W Canal All bikes unite at the Harley-Davidson Museum from 5-9pm for music

by Local Legends (ska). **BREMEN CAFÉ** Mordecai (9pm);
Killim (9:45pm); Killer High Life (10:30pm);

Swimshirt (11:15pm)

CATHEDRAL SQUARE PARK, 825 N Jefferson Jazz in the Park! Happy hour, 5-6pm. Music, 6-9pm. Jazz Goes Dead:

A Grateful Dead Night featuring Deadelijk CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Day Two of 'Creating with Clay" summer art camp for

kids from 9am-3pm
FALCON BOWL Of the Orchard, 7pm JAZZ GALLERY CENTER FOR THE ARTS OWL (Older. Wiser. Local) DIY Creative (bring your own art project or use

our materials) 1-4pm.

JAZZ GALLERY CENTER FOR THE ARTS Kenji Lee's Fortune Teller Trio + Rick Ollman, Jane Buttars. (Jazz/free

improv) 8-10pm, \$10 PINK HOUSE STUDIO Check first pinkhouse.net. Dharma Recovery Meditation group, 6:30-8pm. (Contact

Steve G: 414-339-7691)
RIVERWEST YOGASHALA for Elders & Elders To Be w/Sara, 2-3pm. Beginning Yoga Course w/Sara, 4:30-5:45pm. Gentle, Therapeutic Yoga w/Tracey 7:30-8:45pm.

SHANK HALL Silverada, 8pm, \$25 THE VIVARIUM, 1818 N. Farwell Devotchka - 20th anniversary of How It Ends. 8pm, \$30+

WOODLAND PATTERN *online* Reading: Solitary Plover Reading, 6:30pm online

ANODYNE COFFEE, 224 W Bruce The Flood Vinyl Release Show with Denny Rauen. 6:30pm doors, 7:30 show.

BAR CENTRO Jamie Breiwick Andrew Trim. 8-10:30pm. Tix at milwaukeejazzinstitute.org.

BREMÉN CAFÉ The Women, 9pm; Rae, 10pm; Toadskin, 11pm; Bashford,

INNER HIGH YOGA, 2704 N Booth St Rooftop Sunset Yin Yoga Club, 7-9pm JAZZ GALLERY CENTER FOR THE ARTS OWL (Older. Wiser. Local) Social

Gathering (no specific topic). 1-4pm. JAZZ GALLERY CENTER FOR THE ARTS Shun Millions + *Aya + Fokused + Shadi. Hip-hop / R&B / pop. 7:30-10p;m.

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food KINSHIP sort hours: 8:30-10:30am PINK HOUSE STUDIO Check first @

pinkhousestudio.net. GIA 4 Every Body, 9:15-10:30am. African Dance, 6-7:15pm. THE GATHERING TABLE, 2nd & Clarke Free produce, organic veggies, eggs, yogurt, sandwich bread, whole

grain pastas, rice, and more! 12-4pm THE VIVARIUM, 1818 N. Farwell Charles Esten, 8pm, \$39.50-49.50

10 SATURDAY BAR CENTRO Garrett Waite,

BREMEN CAFÉ Bremen Bazaar, 12-7pm. BremSin w/The Brewcity Bombshells

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Enjoy a themed story and activity hour for kids ages 4-10 at 1pm. Just \$5 per family!

CHARLES ALLIS ÁRT MUSEUM, 1801 N Prospect Av, Learn hip hop dancing at the Allis from 3-6 p.m. for just \$10 when you register online.

INSPIRATION STUDIOS, 1500 S 73rd St Open Gallery. NO LIMITS Exhibit.

JAZZ GALLERY CENTER FOR THE ARTS Free Improv Sessions -- 10am-

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Food Distribution at St. Casimir's Church -- 8:30-10:30am. Proudly serving the 53212, 53211, 53217, 53202, and 53203 zip codes!

Riverwest Currents

Currents Calendar

August 2024

Thursday August 1 (In-Person): Vince Bushell of Riverwest Currents: August 2024 Issue

Friday August 2 (In-Person): First-Friday Drum Circle, with quest Drum-Leader

Tuesday August 6 (Radio): Karen Beaumont Presents: Hawthorne Story

Thursday August 8 (In-Person): DIY Creative (bring your own art project or use our materials)

Friday August 9 (In-Person): Social Gathering (no specific

Tuesday August 13 (Radio): Karen Beaumont Presents: Nature Show

Thursday August 15 (In-Person): Artist Natalie Shumylo: Hands-On Painting Workshop/Demo

Friday August 16 (In-Person): Chair Yoga & Breath-Work with Sarah Moore of Pink House

Tuesday August 20 (Radio): "The A.M. Book Report," On Media Literacy for Disinformation Thursday

August 22 (In-Person): Nick Baran hosts: Game Day, Let's Play!

Friday August 23 (In-Person): Exhibition-Talk for JGCA Art Gallery: Annual Members Show '24 (Main Exhibition), and Maya Tempel (Small Wall)

Tuesday August 27 (Radio): Emily Petersen of Milwaukee County Aging

Thursday August 29 (In-Person): DIY Creative (bring your own art project or use our materials)

Friday August 30 (In-Person): Regular Radio Guest Mikronaut: Live, In-Person. Disinformation Discussed Together



O.W.L. (Older.Wiser.

Local) is a program created to serve, enlighten & educate area seniors (50 & up). OWL is sponsored by the Jazz Gallery Center for the Arts, and Bader Philanthropies.

TIME: Thursdays & Fridays 1:00pm to 4:00pm

PLACE: Jazz Gallery Center for the Arts, 926 E. Center Street, Milwaukee 53212

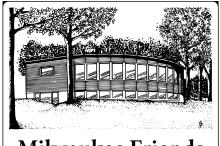
All people, ages 50 & up, welcome. Gatherings are free of charge, with refreshments provided!

RADIO SHOWS:

Tuesdays 7pm on Riverwest Radio, WXRW, 104.1 FM. Stream the show live on riverwestradio. com, if you can't get radio reception. Or listen to the archive







Milwaukee Friends **Meeting (Quakers)**

• Simplicity • Peace • Integrity

 Community • Equality Sustainability

Sunday Worship Children's Program Childcare

Meeting in person and virtually.

3224 N Gordon Place (Take Auer east from Humboldt)

Tel. 414-263-2111

www.milwaukeequakers.org

10:15 to 11:15 am





10 SATURDAY CONTINUKINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food distribution hours:

7:30-11:30am
MIRAMAR THEATRE Hamdi: Road to North Coast. With Sirsteez, Nuave Hurt, Wxsted Fxntxsy

NASHVILLE NORTH, 1216 E Brady

St Garden of Eden, 7-10pm OLD GERMAN BEER HALL (Hofbrau Haus), 1009 N Old World Third Street (MLK Drive) Squeezettes, 8:30-11:30pm RIVERWEST YOGASHALA Intermediate Yoga w/Sara, 9-10:30am. Mat Pilates w/Christine, 11-11:50am.

SHANK HALL Animation (A Tribute to Rush), 8pm. \$13 advance / \$16 doors STAND FOR PEACE at Kinnickinnic & Lincoln Av Join with Peace Action of Wisconsin in our 21st year of standing for

peace, noon until 1pm

THE VIVARIUM, 1818 N. Farwell Mae Simpson W/special guest, The Foxgloves. 8pm. \$18
UPTOWNER Mosh Wah's Palace,

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Gaga Yoga for parents and babies on the terrace from 9:30-11am. \$15 when you register online. VILLA TERRACE ART MUSEUM,

2220 N Terrace Av, Heal and relax with a session of breathwork in the garden from 11am-noon. \$35 per session when you register online.

11 SUNDAY **ANODYNE COFFEE, 224 W Bruce** Sip 'n' Songs Writers in the Round. Raising funds for Andii Heath. Doors 5,

show 5:30. Online \$10 // at the door \$15

BREMEN CAFÉ Ginmaster Bingo
6-8:30pm. West Nile Crows 8:30pm; Big
ScaryIndian9:30pm; OhWell, OK10:30pm

GARDEN PARK Locust & Bremen Sunday Funday live music in the park,

INNER HIGH YOGA, 2704 N Booth St Sunday Morning Hatha Yoga, 10-11am. 18 and over. Pre-book: innerhighyoga.

NASHVILLE NORTH, 1216 E Brady St Roxie Beane, 12-3pm RIVERWEST FARMERS MARKET,

2700 block N. Pierce Come get produce, grown eggs, meats, prepared foods, pickled veggies, jams, coffee, teas, kombucha, body products, candles, art, jewelry, more! EBT, Market Match and WIC are accepted.

RIVERWEST **YOGASHALA** Community Gift - Reiki Share, 4-5pm
THE GIG Bluegrass Jam, 1-4pm
UPTOWNER Wilson Family Blues

Band, 3pm VILLA TERRACE ART MUSEUM,

2220 N Terrace Av, Yoga on the Terrace at 8:30am. Pay-what-you-can at the door or pre-register for \$15. VILLĂ TERRÂCE ART MUSEUM,

2220 N Terrace Av, Chess Lessons from 10am-1pm. Save when you pre-register via MKĖTix. VILLA TERRACE ART MUSEUM,

2220 N Terrace Av, Café Sopra Mare from 10:30am-12:30pm. FREE live music and coffee in the courtyard courtesy of our community. Donations welcome.

12 MONDAY BREMEN CAFÉ Comedy Open Mic, 8pm. Then Music Open Mic w/ Max (Diet

FALCON BOWL Cream City Swing LINNEMAN'S Poet's Monday! Doors 7pm, performances start 7:30pm. \$3

cover. Featured poet: Raindog
PINK HOUSE STUDIO Confirm first @ pinkhousestudio.net. Super Gentle Yoga w/ Sarah Moore, 10-11am. Mindful Flow w/Sarah, 6pm.

RIVERWEST YOGASHALA Therapeutic Yoga w/Tracey, 6-7:15pm THE GATHERING TABLE, 2nd & Clarke Free produce, organic veggies, eggs, yogurt, sandwich bread, whole grain pastas, rice, and more! 12-4pm

13 TUESDAY -- ELECTION DAY --**August Primary** BREMEN ČAFÉ Pinball Tourney

6pm; later, Karaoke at 9pm COA SKYLINE MUSIC SERIES, Kadish Park, 950 E North Av Live music by The Jimmys, 5:30-8:30pm

JAZZ GALLERY CENTER FOR THE ARTS Hans Young Binter + Andy Armstrong + Cathedral Becomes Tomb + Hiking Journal. Free improv / experimental folk. 7-10pm. \$10

JAZZ GALLERY CENTER FOR THE ARTS Genisx Jam, 7:30-10pm.

and 53203 zip codes! KINSHIP COM COMMUNITY **FOOD** CENTER, 924 E Clarke Volunteer food distribution hours: 2:30 or 3:30 - 6:30pm MIRAMAR THEATRE R&B Tuesday.

Milwaukee's #1 R&B Party - DJ'ed by Mr. New York. 9pm

PINK HOUSE STUDIO Confirm first pinkhousestudio.net. GIA 4 Every Body, 9:15-10:30am. Keep it Simple (KIS)

YOGASHALA RIVERWEST Community Gift: Yoga Basics, 6pm
UPTOWNER Turntable Tuesday.

9pm start. Email Uptowner.mke@gmail. com if you'd like to sign up to spin

VILLA TERRACE ART MUSEUM,

2220 N Terrace Av, First day of "Art and Culture of Masks" summer art camp for kids from 9am-3pm.

WOODLAND PATTERN Reading Group: Ping Pong Book Club. Against the Loveless World by Susan Abulhawa,

WOODLAND PATTERN at Juneau **Park** Poetry Reading in the Park. Featuring readings from Siwar Masannat, Soham Patel, R. B. Simon, and Ty Newcomb. 6:30pm, in lovely Juneau Park (900 N Prospect)

WXRW, 104.1FM RIVERWEST RADIO OWL (Older. Wiser. Local) Karen Beaumont Presents: Nature Show. 7pm.

14 WEDNESDAY BREMEN CAFÉ Trivia 6:30pm. DJ NME, 9pm (bar area). Live music: Captain Howdy & The Sunset Serenaders

GÓRDON PARK, Locust & Humboldt Gordon Park Soulful Summer Music Series, w/music by Cream City Players (with Tlalok Rodriguez). 6-8pm.

INNER HIGH YOGA, 2704 N Booth St Slow Flow Vinyasa, 5:30-6:30pm. 18

and over. Pre-book: innerhighyoga.com
LINNEMAN'S Acoustic Open Stage
-- Doors open and sign-up starts at 7pm. Show starts at 8pm. Featured performer:

PINK HOUSE STUDIO Confirm first @pinkhousestudio.net. Grace In Action (GIA) for everyone, 9:15-10:30am. Yoga w/Kat Donaldson, 11am-Noon.
RIVERWEST YOGASHALA

Beginner Yoga Course: Decelerate w/ Sara, 2-3:15pm

SHANK HALL Samantha Fish, 8pm, \$45

THE GATHERING TABLE, 2nd & Clarke Free produce, organic veggies, eggs, yogurt, sandwich bread, whole

grain pastas, rice, and more! 12-4pm **THE GIG** Wednesday Night Open Mic Music. Sign up sheet goes out at 8pm and the open mic will be up and running from 8:30pm to 11pm.

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Remote work session from noon to 3pm. Enjoy complimentary coffee and printing for just \$15 per session of FREE for museum members.

WOODLAND PATTERN *online*
Reading Group: Readshop *ONLINE* 6-7:15pm

15 THURSDAY

ANODYNE COFFEE, 224 W Bruce Gooseberry. 6pm doors, 7pm show. \$12 BAR CENTRO Jazzy Joan Presents Jazz Where it is an Where it's Going:

Jazz Goes Rock BIKE NIGHT CONCERT SERIES, 400 W Canal All bikes unite at the Harley

Davidson Museum from 5-9pm for music by Doozy (rock).

BREMEN CAFÉ Dart Tournament 6-8pm // Unlimited Stars (tentative) CATHEDRAL SQUARE PARK, 825 N

Jefferson Jazz in the Park! Happy hour, 5-6pm. Music, 6-9pm. Respect! A Tribute to The Queen of Soul CHARLES ALLIS ART MUSEUM,

1801 N Prospect Av, Day Two of "Art and Culture of Masks" summer art camp for kids from 9am-3pm.
INNER HIGH YOGA, 2704 N Booth

St Sunrise Hatha Yoga, 7-7:45am. 18 and over. Pre-book: innerhighyoga.com JAZZ GALLERY CĚNTĚR FOR THE

ARTS OWL (Older. Wiser. Local) Artist Natalie Shumylo: Hands-On Painting Workshop/Demo. 1-4pm

PINK HOUSE STUDIO Check first pinkhouse.net. Dharma Recovery Meditation group, 6:30-8pm. (Contact Steve G: 414-339-7691)

RIVERWEST YOGASHALA Yoga for Elders & Elders To Be w/Sara, 2-3pm. Beginning Yoga Course w/Sará, 4:30-5:45pm. Gentle, Therapeutic Yoga w/Tracey 7:30-8:45pm.

VILLA TERRACE ART MUSEUM, **2220 N Terrace Av,** Plain Weaving Workshop at the Villa Terrace at 6pm. This two-hour, guided workshop will teach you the art and history of plain weaving.

WOODLAND PATTERN Formations Series for New & Improvised Music *HYBRID* (in-person and streaming). Featuring Tony Catania (tenor sax) and Will Mitchell (synthesizers), who will each be joined by other musicians tha

16 FRIDAY

BAR CENTRO John Christensen's Soft Rock album release

BEERLINE CELEBRATION SERIES, 3350 N Holton Extra Crispy Brass Band + Love, Peace & Soul

BREMEN CAFÉ The Passion Park Experience

FALCON BOWL Dylan Martindale,

INNER HIGH YOGA, 2704 N Booth St Rooftop Sunset Yin Yoga Club, 7-9pm JAZZ GALLERY CENTER FOR THE ARTS OWL (Older. Wiser. Local) Chair Yoga & Breath-Work with Sarah Moore of

Pink House. 1-4pm.

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food sort hours: 8:30-10:30am

MAD PLANET Friday Night Retro Video Dance Party! Goth Barge, ft. Dance

Commandr, xDominionx. 9pm, \$7.

MIRAMAR THEATRE An Evening
With The Polish Ambassador. Featuring an extended 2 hour set!

NASHVILLE NORTH, 1216 E Brady

St Erich Von Klassen, 4-7pm // Wapatui,

PINK HOUSE STUDIO Check first @ pinkhousestudio.net. GIA 4 Every Body, 9:15-10:30am. African Dance, 6-7:15pm. YOGASHALA RIVERWEST

Community Art Night, 5-8pm SHANK HALL Adorner album release

show with special guests Lunar Moth and Blacktop. 8pm. \$12 advance / \$15 door THE GATHERING TABLE, 2nd &

Clarke Free produce, organic veggies, eggs, yogurt, sandwich bread, whole grain pastas, rice, and more! 12-4pm

THE VIVARIUM, 1818 N. Farwell Shane Guerrette, 8pm, \$15-18

17 SATURDAY

BAR CENTRO Big Style Brass Band - traditional and modern New Orleans and pop covers

BREMEN CAFÉ Wylie Jakobs Summer Song Swap Featuring Henry Berger; Participants 8:30pm; Credentials 9:15pm; Red Scarves 10pm; Vanity Plates 10:50pm

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Discover the Allis with a guided tour of the Museum. \$25 per person. Your tour includes same-day entry to the Villa Terrace.

INNER HIGH YOGA, 2704 N Booth St Inner High Yoga "Matmosphere" at

Center Street Daze Festival, 11am-2pm INSPIRATION STUDIOS, 1500 S 73rd St Open Gallery. NO LIMITS Exhibit.

JAZZ GALLERY CENTER FOR THE ARTS Center Street Daze stage, Weil & Center. Big Style Brass Band; Trace Ellington & Friends; Trove w/special guest Jason Fabus. AFTER-FEST: Kenan Serenbetz + DPCD + Shawn Alan Hurd + Kati Katchever. Folk/experimental. \$10,

ARTS Free Improv Sessions -- 10am-

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Food Distribution at St. Casimir's Church -- 8:30-10:30am. Proudly serving the 53212, 53211, 53217,

53202, and 53203 zip codes!

KINSHIP COMMUNITY COMMUNITY CENTER, 924 E Clarke Volunteer food distribution hours: 7:30-11:30am
PINK HOUSE STUDIO Check first @

pinkhousestudio.net. Kirtan and Satsang w/ David Eber, 6:30-8:30pm **YOGASHALA** RIVERWEST

Intermediate Yoga w/Sara, 9-10:30am. Mat Pilates w/Christine, 11-11:50am. STAND FOR PEACE at St. Paul & Water Join with Peace Action of

Wisconsin in our 21st year of standing for peace, noon until 1pm THE VIVARIUM, 1818 N. Farwell

Reyna w/special guests Vic & Gab, 8pm,

UPTOWNER Center Street Daze stage, 1-7pm: Cream City Players, Bristlehead, Taxmen, Wilson Power Blues, Static Palms, Passion Park

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Words by the Water Poetry Workshop from 9111am. Save \$5 when you register online

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Heal and relax with a session of breathwork in the garden from 11 am to noon. \$35 per session when you register online.

WOODLAND PATTERN Exhibition Reception: Lemon Balm, work by Marissa Jezak and Jackie Valadez. 5-8pm. \$Give What You Can

WOODLAND PATTERN at Bradford Beach (north end) Group Poetry Reading: Watershed Moments

18 SUNDAY BREMEN CAFÉ Ginmaster Bingo

FALCON BOWL Falcon Flea Market,

11am-5pm GARDEN PARK Locust & Bremen Sunday Funday live music in the park,

INNER HIGH YOGA, 2704 N Booth St Sunday Morning Hatha Yoga, 10-11am. 18 and over. Pre-book: innerhighyoga.

LOCUST STREET BAZAAR, Humboldt to Pierce Come check out Linneman's new monthly summer event! There will be vendors, food & drink, live music & poetry, children's area and more. 11am-5pm.

NASHVILLE NORTH, 1216 E Brady St Tommy Gunn, Noon-3pm // Ronny Starr, 3-6pm

RIVERWEST FARMERS MARKET, 2700 block N. Pierce Come get flowers, locally grown produce, bakery, eggs, meats, prepared foods, pickled veggies, jams, coffee, teas, kombucha, body products, candles, art, jewelry, more! EBT, Market Match and WIC are accepted.

THE GIG Bluegrass Jam, 1-4pm THE VIVARIUM, 1818 N. Farwell Dizgo, 2024 Melt Tour. 8pm, \$15-20

UPTOWNER Wilson Family Blues Band, 3pm.

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Yoga on the Terrace at 8:30am. Pay-what-you-can at the door

or pre-register for \$15.

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Chess Lessons from 10am-1pm. Save when you pre-register

via MKETix.

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Café Sopra Mare from 10:30am-12:30pm. FREE live music and coffee in the courtyard courtesy of our community. Donations welcome.

19 MONDAY

BREMEN CAFÉ Comedy Open Mic, 8pm. Then Music Open Mic w/ Parker (Social Cig)

FALCON BOWL Cream City Swing LINNEMAN'S Poet's Monday! Doors 7pm, performances start 7:30pm. \$3 cover. Featured poet: Dasha Abrams
PINK HOUSE STUDIO Confirm first

pinkhousestudio.net. Super Gentle Yoga w/ Sarah Moore, 10-11am. Mindful Flow w/Sarah, 6pm. RIVERWEST **YOGASHALA**

Therapeutic Yoga w/Tracey, 6-7:15pm THE GATHERING TABLE, 2nd & Clarke Free produce, organic veggies, eggs, yogurt, sandwich bread, whole grain pastas, rice, and more! 12-4pm

20 TUESDAY ANODYNE COFFEE, Bruce Mark Hummel Band w/Anson Funderburgh + special guests The

Jimmys. 5pm doors, 6pm show. \$20 BREMEN CAFÉ Karaoke 9pm COA SKYLINE MUSIC SERIES, Kadish Park, 950 E North Av Live music by Urban Empress & the Urbanites, 5:30-

JAZZ GALLERY CENTER FOR THE ARTS Genisx Jam, 7:30-10pm. KINSHIP COMMUNITY FOOD

CENTER, 924 E Clarke Food Distribution at St. Casimir's Church -- 4-6pm. Proudly serving the 53212, 53211, 53217, 53202, and 53203 zip codes!
KINSHIP COM

COMMUNITY CENTER, 924 E Clarke Volunteer food distribution hours: 2:30 or 3:30 - 6:30pm MIRAMAR THEATRE R&B Tuesday.

Milwaukee's #1 R&B Party - DJ'ed by Mr. New York, 9pm

PINK HÖUSE STUDIO Confirm first pinkhousestudio.net. GIA 4 Every Body, 9:15-10:30am. Keep it Simple (KIS) Yoga, 6-7:30pm.

August 2024 13

RIVERWEST YOGASHALA

Community Gift: Yoga Basics, 6pm SHANK HALL Midge Ure. 8pm, \$30 UPTOWNER Turntable Tuesday. 9pm start. Email Uptowner.mke@gmail. UPTOWNER

com if you'd like to sign up to spin

WXRW, 104.1FM RIVERWEST

RADIO OWL (Older. Wiser. Local)"The

A.M. Book Report," On Media Literacy for Disinformation, 7pm.

21 WEDNESDAY

BREMEN CAFÉ Trivia 6:30pm. DJ NME, 9pm (bar area)

INNER HIGH YOGA, 2704 N Booth St Slow Flow Vinyasa, 5:30-6:30pm. 18

and over. Pre-book: innerhighyoga.com
LINNEMAN'S Acoustic Open Stage
-- Doors open and sign-up starts at 7pm.
Show starts at 8pm. Featured performer: Andv Lehtinen

PINK HOUSE STUDIO Confirm first @pinkhousestudio.net. Grace In Action (GIA) for everyone, 9:15-10:30am. Yoga

w/Kat Donaldson, 11am-Noon. YOGASHALA **RIVERWEST** Beginner Yoga Course: Decelerate w/ Sara, 2-3:15pm

THE GATHERING TABLE, 2nd & Clarke Free produce, organic veggies, eggs, yogurt, sandwich bread, whole

grain pastas, rice, and more! 12-4pm THE GIG Wednesday Night Open Mic Music. Sign up sheet goes out at 8pm and the open mic will be up and running from 8:30pm to 11pm.

22 THURSDAY

ANODYNE COFFEE, 224 W Bruce John Nemeth. 6pm doors, 7pm show. \$20 BAR CENTRO Leo Sidran -- pop music swing in the style of Mose Allison

and Nat King Cole

BIKE NIGHT CONCERT SERIES,

400 W Canal All bikes unite at the Harley-Davidson Museum from 5-9pm for Trapper Schoepp's Tribute to Tom Petty (tribute)

CATHEDRAL SQUARE PARK, 825 N Jefferson Jazz in the Park! Happy hour, 5-6pm. Music, 6-9pm. Stephen Cooper &

The Nobody Famous

JAZZ GALLERY CENTER FOR THE ARTS OWL (Older. Wiser. Local) Nick Baran hosts: Game Day, Let's Play!

MKE BOAT CRUISES, 1124 N. MLK **Drive** Riverwest Elders Boat Cruise! Register in advance--mkeboat.com. Arrive on-deck before 2pm. Enjoy snacks

and beverages onboard!

PINK HOUSE STUDIO Check first @ pinkhouse.net. Dharma Recovery Meditation group, 6:30-8pm. (Contact Steve G: 414-339-7691) RIVERWEST YOGASHALA Yoga for Elders & Elders To Be w/Sara, 2-3pm.

Beginning Yoga Course w/Sara, 4:30-5:45pm. Gentle, Therapeutic Yoga w/Tracey 7:30-8:45pm.

23 FRIDAY

ANODYNE COFFEE, 224 W Bruce An Evening with 1913. 6:30 doors, 7:30 show. \$12

BAR CENTRO Claudia Johnson Trio - eclectic mix of rock, pop, and singer songwriter styles

BREMEN CAFÉ David Lopez (tentative); Dreams Don't Expire (tentative) INNER HIGH YOGA, 2704 N Booth St Sunrise Hatha Yoga, 7-7:45am. 18 and over. Pre-book: innerhighyoga.com

JAZZ GALLERY CENTER

THE ARTS OWL **THE ARTS** OWL (Older. Wiser. Local) Exhibition-Talk for JGCA Art Wiser. Gallery: Annual Members Show '24 (Main Exhibition), and Maya Tempel (Small Wall). 1-4pm.

JAZZ GALLERY CENTER FOR THE

ARTS Wavefiler + Blake Zweig + Vectors of Resonant Prescients + Cassini Echoes. Experimental/folk. 7-10pm. \$5-10 sliding

COMMUNITY KINSHIP CENTER, 924 E Clarke Volunteer food sort hours: 8:30-10:30am

LINNEMAN'S Ladders. 8pm, \$10 **MAD PLANET** Friday Night Retro Dance Party with DJ Don Black. 9pm, \$7 PINK HOUSE STUDIO Check first @ pinkhousestudio.net. GIA 4 Every Body, 9:15-10:30am. African Dance, 6-7:15pm.

SHANK HALL Bob Schneider, 8pm, THE GATHERING TABLE, 2nd & Clarke Free produce, organic veggies, eggs, yogurt, sandwich bread, whole

grain pastas, rice, and more! 12-4pm
THE VIVARIUM, 1818 N. Farwell Maggie Rose, w/special guest Crystal Rose. 8pm, \$20-25

24 SATURDAY

BAR CENTRO Alex Wilson - taking the world by storm, this musician is a force to be reckoned with

BREMEN CAFÉ Wylie Jakobs Summer Song Swap Featuring Old Wolves. Killer High Life 9:45pm; Routine

Fuss 10:30pm; Courtesy 11:15am

CHARLES ALLIS ART MUSEUM,
1801 N Prospect Av, Enjoy a themed
story and activity hour for kids ages 4-10
at 1pm. Just \$5 per family!

INSPIRATION STUDIOS, 1500 S

73rd St Open Gallery. NO LIMITS Exhibit.

JAZZ GALLERY CENTER FOR THE ARTS Free Improv Sessions -- 10am-

JAZZ GALLERY CENTER FOR THE ARTS Small wall: artworks from emerging artist, Maya Tempel. Opening reception, 3-5pm KINSHIP

COMMUNITY CENTER, 924 E Clarke Food Distribution at St. Casimir's Church -- 8:30-10:30am. Proudly serving the 53212, 53211, 53217, 53202, and 53203 zip codes!

KINSHIP COMMUNITY FOOD

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food distribution hours: 7:30-11:30am
LINNEMAN'S City Slang. 8pm, \$10
NASHVILLE NORTH, 1216 E Brady
St Joe Wray, 7-10pm
PINK HOUSE STUDIO Contact Improv basics and play, 10:30a-12:30pm
// Off Site AcroYoga Jam (south of Bradford Beach), 12-2pm // Chant and Song Circle, 7:30-9:30pm.
RIVERWEST YOGASHALA

YOGASHALA RIVERWEST Intermediate Yoga w/Sara, 9-10:30am. Mat Pilates w/Christine, 11-11:50am. SOMA Breath-Awakening Breath Journey Meditation Session 2-3pm and 3-4pm. Sign up at http://ryspecial.bottomofbreath.

SHANK HALL Ben Goldsmith. 8pm, \$15

STAND FOR PEACE at State & Harwood Join with Peace Action of Wisconsin in our 21st year of standing for peace, noon until 1pm

UPTOWNER Deadman's Whisky VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Gaga Yoga for parents and babies on the terrace from 9:30-11am. \$15 when you register online
VILLA TERRACE ART MUSEUM,

2220 N Terrace Av, Heal and relax with a session of breathwork in the garden from 11am-noon. \$35 per session when you register online.

WMSE's **BACKYARD** Humboldt Park, Bay View 14th annual! This year's music lineup: The Exotics, Jinksie, Newski, Buffalo Nichols ... and headliner, Guided By Voices. Noon-7pm.

25 SUNDAY ANODYNE COFFEE, 224 W Bruce

Fox & Branch, 11am, free!

BREMEN CAFÉ Ginmaster Bingo 6-8:30pm. Live music later: League of

Erics (tentative)

GARDEN PARK Locust & Bremen Sunday Funday live music in the park, 1-4pm.

INNER HIGH YOGA, 2704 N Booth St Sunday Morning Hatha Yoga, 10-11am. 18 and over. Pre-book: innerhighyoga.

NASHVILLE NORTH, 1216 E Brady

St Patrick Murphy, 12-3pm RIVERWEST FARMERS MARKET, 2700 block N. Pierce Come get locally grown produce, flowers, bakery, eggs, meats, prepared foods, pickled veggies, jams, coffee, teas, kombucha, body products, candles, art, jewelry, more! EBT, Market Match and WIC are accepted.

RIVERWEST **YOGASHALA** Community Gift: Family Yoga with Haley,

THE GIG Bluegrass Jam, 1-4pm
UPTOWNER Wilson Family Blues **UPTOWNER** Band, 3pm

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Yoga on the Terrace at 8:30am. Pay-what-you-can at the door or pre-register for \$15.

VILLĂ TERRACE ART MUSEUM. 2220 N Terrace Av, Chess Lessons from 10am-1pm. Save when you pre-register via MKETix.

VILLA TERRACE ART MUSEUM, **2220 N Terrace Av,** Café Sopra Mare from 10:30 a.m. - 12:30 p.m. FREE live music and coffee in the courtyard courtesy of our community.

26 MONDAY

BREMEN CAFÉ Comedy Open Mic, 8pm. Then Music Open Mic w/ Phil

FALCON BOWL Cream City Swing LINNEMAN'S Poet's Monday! Doors 7pm, performances start 7:30pm. \$3 cover. Featured poet: Sue Blaustein MKE FRIENDS MEETINGHOUSE,

3224 N Gordon Pl. Caring About Cuba -- Several Perspectives. Barbara Markoff and River Kaster will share their experience volunteering in Havana, Cuba through a group called Global Volunteers (GV). Also speaking will be activists and attorneys Art Heitzer and Sandra Edhlund.

PINK HOUSE STUDIO Confirm first @ pinkhousestudio.net. Super Gentle Yoga w/ Sarah Moore, 10-11am. Mindful Flow w/Sarah, 6pm.

RIVERWEST **YOGASHALA** Therapeutic Yoga w/Tracey, 6-7:15pm
THE GATHERING TABLE, 2nd & Clarke Free produce, organic veggies, eggs, yogurt, sandwich bread, whole

grain pastas, rice, and more! 12-4pm

27 TUESDAY

BREMEN CAFÉ Karaoke 9pm
JAZZ GALLERY CENTER FOR THE
ARTS Genisx Jam, 7:30-10pm.
KINSHIP COMMUNITY FOOD
CENTER, 924 E Clarke Food Distribution

at St. Casimir's Church -- 4-6pm. Proudly serving the 53212, 53211, 53217, 53202,

and 53203 zip codes!

KINSHIP COMMUNITY FOOD

CENTER, 924 E Clarke Volunteer food distribution hours: 2:30 or 3:30 - 6:30pm

MIRAMAR THEATRE R&B Tuesiday. Milwaukee's #1 R&B Party - DJ'ed by Mr. New York. 9pm

PINK HOUSE STUDIO Confirm first pinkhousestudio.net. GIA 4 Every Body, 9:15-10:30am. Keep it Simple (KIS) Yoga, 6-7:30pm. RIVERWEST **YOGASHALA**

Community Gift: Yoga Basics, 6pm

UPTOWNER Turntable Tuesday. 9pm start. Email Uptowner.mke@gmail. com if you'd like to sign up to spin

UPTOWNER Pentagram String Band UWM PLANETARĬUM, 1900 E Kenwood Blvd Stars 'n S'mores! Enjoy eating delicious s'mores and catch a free 15-minute planetarium stargazing show. S'mores kits are free (one per person while supplies last). Planetarium shows will run every 15-20 minutes.

WOODLAND PATTERN Group: Ping Pong Book Club. Against the Loveless World by Susan Abulhawa,

WOODLAND PATTERN Group: Ping Pong Book Club. Against the Loveless World by Susan Abulhawa, 6-7pm **WXRW**,

104.1FM RADIO OWL (Older. Wiser. Local) Emily Petersen of Milwaukee County Aging.

28 WEDNESDAY

BREMEN CAFÉ Trivia 6:30pm. DJ NME, 9pm (bar area). Live music: Felicia Cruz (tentative), Taiyamo Denku (tenative)

FALCON BOWL Oh Well OK, Bronco.

INNER HIGH YOGA, 2704 N Booth St Slow Flow Vinyasa, 5:30-6:30pm. 18

and over. Pre-book: innerhighyoga.com

LINNEMAN'S Acoustic Open Stage
-- Doors open and sign-up starts at 7pm.
Show starts at 8pm. Featured performer: tba

PINK HOUSE STUDIO Confirm first @pinkhousestudio.net. Grace In Action (GIA) for everyone, 9:15-10:30am. Yoga w/Kat Donaldson, 11am-Noon.

RIVERWEST YOGASHALA Beginner Yoga Course: Decelerate w/ Sara, 2-3:15pm

SHANK HALL IV and The Strange Band. 8pm, \$17 advance / \$20 door

THE GATHERING TABLE, 2nd & Clarke Free produce, organic veggies, eggs, yogurt, sandwich bread, whole grain pastas, rice, and more! 12-4pm

THE GIG Wednesday Night Open Mic Music. Sign up sheet goes out at 8pm and the open mic will be up and running from 8:30pm to 11pm.

THE GIG Grateful Dead Night, 9pm-Midnight

VIĽLA TERRACE ART MUSEUM, **2220 N Terrace Av**, Remote work session from noon to 3pm. Enjoy complimentary coffee and printing for just \$15 per session of FREE for museum members.

WOODLAND PATTERN Open Mic:

resound return. 7pm
WOODLAND PATTERN *online*
Reading Group: Readshop *ONLINE* 6-7:15pm

29 THURSDAY

BAR CENTRO Stella & Me - folk and rock plus some originals from 60s to today BIKE NIGHT CONCERT SERIES, 400 W Canal All bikes unite at the Harley-Davidson Museum from 5-9pm for music

by Mixtape (80's covers) BREMEN CAFÉ Barstool Bandit (tentative), Maxwell James (tentative)

CATHEDRAL SQUARE PARK, 825 N Jefferson Jazz in the Park! Happy hour, 5-6pm. Music, 6-9pm. De La Buena

CHARLES ALLIS ART MUSEUM, **1801 N Prospect Av,** Enjoy a Free Opening Reception for "Talk Back: Chapter Two" featuring the work of Christina A. West and Meg Lional Murphy alongside the opening of Allis Artist-in-Residence Tracy Nickolaus' "left with your memories" at the Allis. RSVP at charlesallis.org.

JAZZ GALLERY CENTER FOR THE ARTS OWL (Older. Wiser. Local) DIY Creative (bring your own art project or use

our materials), 1-4pm.

PINK HOUSE STUDIO Check first pinkhouse.net. Dharma Recovery Meditation group, 6:30-8pm. (Contact

Steve G: 414-339-7691)
RIVERWEST YOGASHALA for Elders & Elders To Be w/Sara, 2-3pm. Beginning Yoga Course w/Sara, 4:30-5:45pm. Gentle, Therapeutic Yoga w/ Tracey 7:30-8:45pm.

THE VIVARIUM, 1818 N. Farwell Why? W/special guest, Baths. \$22-25

TWISTED FISHERMAN, 1200 W Canal St Riverwest Elders Birthday Lunch -- Let's celebrate August birthdays! Noon-2pm.

30 FRIDAY

ANODYNE COFFEE, 224 W Bruce Post Saga + Hanna Simone + Torcado. 6:30 doors, 7:30 show. \$12

BAR CENTRO Natural Satellite duo layers finger-style cello with catchy melodies, harmonies, and improvised sax

BREMEN CAFÉ Glitzy 9pm; Raddish 10pm; Lauryl Sulfate and Her Ladies of Leisure 11pm; Pinellas Park 12am

INNER HIGH YOGA, 2704 N Booth St Rooftop Sunset Yin Yoga Club, 7-9pm INSPIRATION STUDIOS, 1500 S
73rd St Opening Reception: ON OUR
WAY Exhibit by Penny DeCamara and
Denise Hansen. 6-8pm.

JAZZ GALLERY CENTER FOR THE

ARTS OWL (Older. Wiser. Local) Regular Radio Guest Mikronaut: Live, In-Person. Disinformation Discussed

KINSHIP COMMUNITY **FOOD** CENTER, 924 E Clarke Volunteer food sort hours: 8:30-10:30am

LINNEMAN'S Whiskey & the Devil; Trash Pandas. 8pm, \$10

PINK HOUSE STUDIO Check first @ pinkhousestudio.net. GIA 4 Every Body, 9:15-10:30am. African Dance, 6-7:15pm. THE GATHERING TABLE, 2nd &

Clarke Free produce, organic veggies, eggs, yogurt, sandwich bread, whole grain pastas, rice, and more! 12-4pm

UPTOWNER Dead Dead Swans

31 SATURDAY

BAR CENTRO Green River Trio instrumental, acoustic, Latin-inspired,

BREMEN CAFÉ Dr. Chang 12am Wylie Jakobs Summer Song Swap eaturing Lou I 9pm; (10pm; Key of Evil, 11pm; Dr. Chang,

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Discover the Allis with a guided tour of the Museum. \$25 per person. Your tour includes same-day entry to the Villa Terrace. Get tickets at

FALCON BOWL Slayground, 7pm JAZZ GALLERY CENTER FOR THE ARTS Stier/Sundstrom Double Quartet (free jazz). 7-10pm. \$10

JÁZZ GALLERY CENTER FOR THE ARTS Free Improv Sessions -- 10am-

KINSHIP COMMUNITY CENTER, 924 E Clarke Food Distribution at St. Casimir's Church -- 8:30-10:30am. Proudly serving the 53212, 53211, 53217, 53202, and 53203 zip codes!

KINSHIP COMMUNITY **CENTER, 924 E Clarke** Volunteer food distribution hours: 7:30-11:30am

NASHVILLE NORTH, 1216 E Brady St The Ellingtwins, 3-6pm

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Hello! Love eachother!

RIVERWEST YOGASHALA Intermediate Yoga w/Sara, 9-10:30am. Mat Pilates w/Christine, 11-11:50am.

STAND FOR PEACE at Lincoln Memorial/Lafayette Hill Join with Peace Action of Wisconsin in our 21st year of standing for peace, noon until 1pm

UPTOWNER Wilson Family Blues Band, 3pm.

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Words by the Water Poetry Workshop from 9-11am. Save \$5 when you register online.

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Heal and relax with a session of breathwork in the garden from 11am-noon. \$35 per session when you register online.

The Dodo



the twisted adventures of stinko

SINCE 2019, WE'VE BEEN SHARING A LAUGH WITH AMERICA'S FAVORITE SOLO BIRD. WHETHER IT'S GETTING INTO MISCHEIF WITH HIS OWNER, RITA, OR IT'S ANOTHER ONE OF HIS WITTY LETTERS TO THE PRESIDENT, THE WORLD JUST LOVES THE DODO.



AND WHO BETTER TO TELL HIS STORY, THEN THE GREAT DODO HIMSELF: JOE DODO. METCOWE JOE'

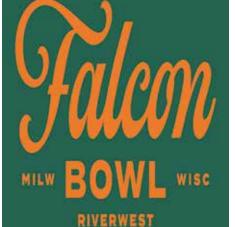


Andrew Megow



d. beyer jr.

+ HALL FOR RENT +



EST. 1915

SWING DANCING & LIVE BANDS

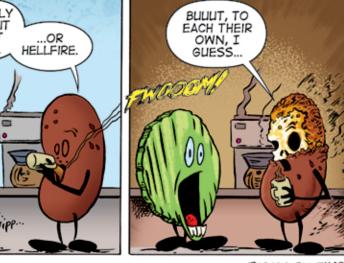
EVERYTUESDAY @ 7 PM

OPEN BOWLING

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EMMA SOUTHARD h occ SOMETHINGS ARE BETTER OFF WITHOUT DESCRIPTION. GREASYFISHTACOS

Hello! Love eachother!

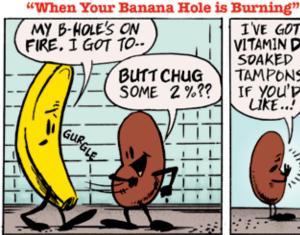


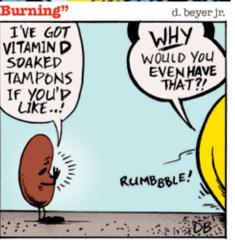




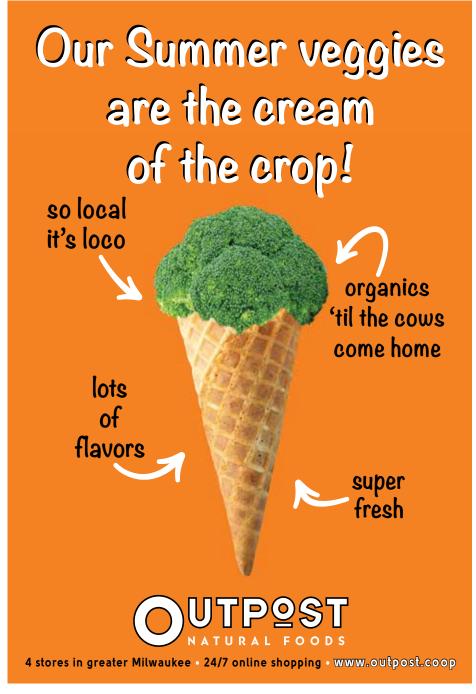




















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