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FREE! News Y

News You Can Use • Riverwest, Harambee and The East Side Vol 23 Issue 10-Oct. 2023



The Demon that steals life on our streets, in our city, in our country

Ofrenda at 4D, Photo BB Bishop

by BB Bishop

n a corner of Riverwest, I find myself leaving flowers, picked fresh from a nearby alley, upon an ofrenda—altar for la Día de los Muertos—that is populated by the young angelic faces of those who have passed from overdoses. Someone I once knew and loved is represented there.

He smiles back, sunny and healthy, from a photograph upon the altar but the reality is I'll never hear him laugh again.

At Fourth Dimension Sobriety, I ask Jason Gonzales, its founder and executive director, how long the altar, which honors the lives of those lost tragically to drugs and alcohol, will remain. He replies, "Forever."

It's early in the evening on a late summer day, perfect timing for a fundraiser. Around us, supporters are basking in the celebratory atmosphere of 4D's tenth anniversary. As we talk, local music *99theProducer* is entertaining us in the background and the spray paint cans of Riverwest muralist **JBird Sterling** hiss.

In addition to marking a milestone decade of supporting sobriety in the local community, the event was also intended to "honor all the individuals who have walked through the doors" of the recovery center.

As I walk home—thinking about those whose paths eventually led back to using and later, demise—I walk past a spot in Riverwest where I once braked upon noticing a person face-down in the street. At the time I

had been afraid the person had been hit by a car, as they lay half-underneath a parked van. After pulling over, I noticed that although still breathing, they were non-responsive. Their skin was cool to the touch. No smell of alcohol. I quickly accosted nearby neighbors who were familiar with the man. Another neighbor, luckily, had Narcan

I never learned the man's name, but that night I will never forget.

Around the corner, in the window of the Daily Bird, artwork by owner Dan Wurtz yells "F\*\*\* Overdoses" in calligraphic letters. It bears the image of a nasal spray version of naloxone, the generic name for Narcan, as well as the insignia of the MKE Overdose Prevention project. Started by Chelsea England after she witnessed an overdose death as a nursing student-amidst inadequately trained medical professionals, the organization is fighting the OD crisis in Riverwest at the grassroots-level. She conducts Narcan administration trainings and distributes the reversal drug wherever she can. She has been certified as a train-the-trainer for these types of workshops, and also has been supplied through a DHS program called NARCAN Direct that supplies communities and organizations free of charge.

One of these organizations is *Diverse* & *Resilient* (2439 North Holton Street), a nonprofit that promotes LGBTQ health

equity and safety, hosts a harm reduction-vending machine. Eleven other such machines have been placed throughout Milwaukee County; they are free to use, and in addition to Narcan contain items such as fentanyl test strips and gun locks. They are an initiative of the county behavioral heath system's Community Access to Recovery harm reduction and substance misuse prevention campaign, called Better Ways to Cope.

**Vivient Health**, which operates **LifePoint** needle exchange, was also a partner in the project.

At a recent town hall, the county encouraged people to suggest additional locations for the vending machines as they continue to place them throughout the county.

Across from the Daily Bird, street art on a telephone pole reminds "Don't forget your Narcan." It's clear that the epidemic of overdoses has permeated the hearts and minds of local residents. Milwaukee currently ranks eighth in the nation for overdose deaths. In 2022, there were 1358 deaths from overdose, 660 of those were in Milwaukee County.

The numbers never tell the whole story. Adjacent to overdose are deaths by suicide of those struggling with addiction, as well as deaths from complications related to inadequate medical care.

The stigma that people who use drugs (PWUD) experience in the healthcare system, besides addiction treatment, means that many with life threatening health issues fall through the cracks—leaving their loved ones with ashes.

It's not enough to fight for just access to AODA (Alcohol and Drug Abuse) treatment—but also basic health care monitoring

Recently, attorney general Josh Kaul announced that with the first round of opioid settlement dollars, Wisconsin will distribute 31,000 doses of Narcan—into the hands of law enforcement.

See: Overdose on page 2

**Riverwest Currents** PO Box 716

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# Riverwest Currents

#### Overdose: Continued from Page 1

Thinking about a friend who died from overdose in the bathroom of a nearby supermarket, I wonder "Isn't a police or fire station the last place a user would go to get high?"

England agrees that the strategy to distribute naloxone doses to law enforcement agencies is "ridiculous. Yeah, I get it if you have a person in your life and you are going there to get Narcan for them."

However, the reality is most active users do not have a positive relationship with the police.

MKE Overdose Prevention works with other local groups such as the **Milwaukee Harm Reduction Alliance**.

Harm reduction, the public health policy designed to lessen to negative consequences associated with drug and alcohol use, is often a matter of "meeting people where they are at."

This was also the rallying cry for Milwaukee's recent **Overdose Awareness Day**, which featured events at several locations throughout the city.

Another harm reduction group, *PULSE*, has been formed with a newer, fresher perspective, offering the voices of people with lived experience.

Inspired by the **Urban Survivors' Union,** a nationwide group of former and current users, **PULSE** aims to support the people who are still using throughout Wisconsin. "I'm tired of seeing loved ones suffering from outdated drug policies," says Ross Winke, aka "Wink".

Wink, a founding member, who decided to form a group with like-minded individuals to bring a voice to a marginalized community. "We deserve to be heard, and in my case, show that substance users

Naloxone, for example Narcan\*, is a medicine that can help people who are overdosing on an opioid. Opioids include prescription medications, heroin, and fentanyl. Sometimes other drugs, including cocaine and methamphetamine, are mixed, or laced with fentanyl.

can still be productive positive members of society." Along with policy change—"Prohibition is the root of most of our issues," Wink indicates—the group is promoting ideas a few steps beyond naloxone distribution. Safer smoking supplies encourage a less life-threatening means of consumption; drug checking services for users via mass spectrometer testing promote safer consumption patterns.

While opioid overdoses receive more attention these days due to the fentanylcrisis, cocaine and other stimulants still account for a large portion of fatal overdoses. Another group of community partners, the Northside of Milwaukee Harm Reduction Coalition to Reduce Overdose Deaths, joined the list of groups and coalitions formed in 2023 to combat the crisis. In a draft of their proposed\strategies they specifically include means to address the stimulant aspect of the crisis.

Their agenda also includes improved access to MAT (medication-assisted treatment), increased CPR training and perhaps most importantly, confronting systemic racism.

Those interested in learning how to use Narcan can reach MKE Overdose Prevention on Facebook or *MKEOverdosePrevention@gmail.com* 

Anyone interested in organizing against the War on Drugs can contact PULSE atpeople4pulse@gmmail.com or www.people4pulse.org

Opioid settlement funds continue to pour into the states and are now listed at \$56 billion dollars; local residents are encouraged to contact their representatives to demand transparency and lend a voice as to how these dollars are spent.

Naloxone temporarily reverses the effects of an overdose from opioids, including:

Heroin
Morphine
Oxycodone (OxyContin\*)
Methadone
Fentanyl
Hydrocodone (Vicodin\*)
Codeine
Hydromorphone
Buprenorphine



Artwork by Riverwest artist Bridget Jambura



The people of PULSE: Promoting Understanding, Lifting Stigma and Empowerment



Narcan Art Cart, Center Street Daze 2022 vb



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#### MISSION STATEMENT

Riverwest Currents is dedicated to keeping readers informed about issues and events important to those who live, work, and play in and around our neighborhood. We believe Riverwest and Milwaukee are good places to make a home or set up a shop. We want to help promote safe and affordable neighborhoods, embrace urban aesthetics, respect diversity, and help make Riverwest residents aware of opportunities available to them.

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Colleen Galambos

Tuesday Oct. 10 (RADIO) Karen Beaumont: Lost & Found (Seguel to Rabbit Hole, Story & Music)

Teacher with Acceptance Friday Oct. 13 (IN-PERSON) DIY Day: Bring your own creative

Thursday Oct. 12 (IN-PERSON) Melissa Bollow Tempel: School

**Tuesday Oct. 17** (RADIO) "The A.M. Book Report," on avoiding mind-control by the media.

Thursday Oct. 19 (IN-PERSON) Carol Hale, Community-Made Paint-Sample Mosaic, Part. 2

Friday Oct. 20 (IN-PERSON) Game-Day is back, baby! (Easy, Fun **Board Games & More)** 

**Tuesday Oct. 24** (RADIO) Mother-Extraordinaire, Nicole Hightower: Home-Schooling

**Thursday Oct. 26** (IN-PERSON) *Tie Dye Workshop* with artist Lizzy

Friday Oct. 27 (IN-PERSON) Margaret Griffin: The Precious Found-Object, an art workshop

Tuesday Oct. 31 (RADIO) Halloween Show, & mystery guest... BOO!

JAZZ GALLERY CENTER FOR THE ARTS

project, or use our materials



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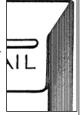
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# **Right In Your Back Yard**

(submitted by Lorraine Jacobs)

We Riverwest Elders enjoy our familiar routine, so when the September Wisdom Gathering could not be scheduled at East Library, we were stumped. Then someone said, "How about the Urban Ecology Center?". We willingly reserved the space, anticipating a peaceful lunch surrounded by the large window views of surrounding nature.

The Urban Ecology Center (1500 E. Park Place) has been in our neighborhood for many years. I use the late 1990's as a reference point.

My particular "life-long" connection began with Riverside Park as my go-to place to sit on a rock and watch the river flow. Of course, dogs and their walkers, other hikers, young people, and families were part of that experience. Later, I met Else Ankle, a neighbor of the park, who had a personal mission of "saving" Riverside Park from overuse, along with finding a way to offer nature and education about nature in urban settings. I attended many meetings with Else and other neighbors, and we started an education program in a double-wide trailer. It took some Interior Design vision to create a learning environment and offices within this space, but Else would examine her "network list" make a call and it happened.

We began to provide regular programming with classes from nearby schools visiting the park. Energetic neighborhood volunteers taught the classes, cleaned the paths, provided signage, and even dusted and vacuumed the trailer's interior. Else's vision was growing, but we knew we needed a permanent home with a qualified

director who could carry the programming into the future. That's when we interviewed Ken Leinbach, a naturalist for urban places. Else's vision began to take hold, once again. Ken's energy, enlightened ideas and welcoming style with employees and Board Members pushed the Center forward, creating the Center we have now.

I was pleased to meet Chris Steinkamp, the relatively "new" branch director of the Urban Ecology Center / Riverside Park, during the September Wisdom Gathering there. He welcomed us, found a place for our lunch amidst the surrounding cacophony of laughter and fun of some 30 young students who were heading out to the park after their lunch. It was just what Else imagined -- city people, enjoying nature together!

#### Touring Alice's Garden Urban Farm (submitted by Nancy Gregory)

My garden club recently visited Alice's Garden, which occupies land on the Samuel Brown Farm between 17th and 20th Streets along Fond Du Lac Avenue. The farm was part of the local Underground Railroad. In 1842, Brown and fellow abolitionists provided refuge to Caroline Quarlls, a 16-yearold runaway from St. Louis, who is the first documented freedom seeker to escape to Canada through Wisconsin.

In 1948, the Park East freeway was proposed to be built along the location of the Wisconsin Underground Railroad. Construction began on the North side of Milwaukee as surrounding neighborhoods were torn down. Years later the project was canceled; today the land is part of Johnson Park. In 1972, Milwaukee County RIVERWEST ELDERS

Sharing Wisdom with Community

**Riverwest Elders Guiding Vision:** We are a diverse group of Riverwest and nearby neighbors, over 50 years old. We come together to share wisdom, live to our full potential and give back to the community."

**The Riverwest Elders: Around the Neighborhood** for 15 Years

established a community garden in the space on 21st and Garfield. In 2001, the garden on Garfield was named after Alice Meade-Taylor, a former Executive Director of Milwaukee County Extension whose vision for building neighborhoods and nurturing people included gardening programs for children, youth, and their families.

Venice Williams, Executive Director of Alice's Garden, shared this history and led us through the garden while sharing okra, greens, elderberries, and herbs including holy basil and stevia. She recommended brewing a cup of holy basil tea for health. Alice's Garden now offers a number of herbal remedies and teas for sale at Milwaukee Farmers Markets, including the Shorewood Farmer's Market at Estabrook Park (4400 N. Estabrook Avenue) on Sundays, 9:30am to 1pm (through October 29). Maybe I will see you there.

A "Right in Your Backyard" Tree Neighbors story

(submitted by Stuart Leopold)

In the days when my wife and I owned a house, we had two tall silver maples in our back garden.

The tree furthest from our house provided housing for squirrels and the nearer tree was home to racoons. We'd see the racoon family gazing at us from the hole in the big branch which, for them, was home. One day we noticed the mom was missing! No idea if she simply wandered off or if a predator snatched her. The two cubs remained but we were concerned. A day or two later we saw that only one cub remained and was unable to climb back up the tree!

I secured a sturdy cardboard box and somehow tempted the cub (likely with some food scraps) into the box. Once I had closed him in, he made a little protest, but off we went to the Humane Society. They would care for him and finally release him. We had even named him and checked up on him after his delivery. Of course, he never communicated with us, but we continue to wish him well.

#### **Seven Swans Creperie** 808 E. Chambers St. Hours:Thursday-Sunday, 8am-3pm

#### sevenswanscreperie.com

by Cari Taylor Carlson

t Seven Swans Creperie in Riverwest, they serve sweet and savory crepes four days a week in two cozy rooms that have been transformed, from a longtime Riverwest bar and restaurant, into a cozy, colorful, light-filled space. (There is also a pleasant outdoor dining area in back.) Dino, the original owner of the establishment who was usually found behind the bar, would not recognize his place with its mismatched chairs and delightful patchwork wall covered with squares of wallpaper in multiple colors and designs.

In a conversation with the owner, Kate Bryan, I learned that she collaborated with Fred Kaems, a local mural artist to create the wall. Bryan had collected old rolls of wallpaper which Kaems, using his artist's eye, placed on the wall. If you look carefully, you will see that the organization of designs and colors in the wallpaper are not random. It was carefully curated and thus created a delightful wall of art in this inviting room.

In this happy place, you order and pay at the counter. Plan to use your credit card; they do not accept cash. After you order, a server will bring your food as soon as it is ready, which guarantees your crepe did not wilt under a heat lamp.

After two recent lunches with friends, I have sampled all but one of the savory crepes and found each crepe had its own unique flavor combinations. Our lunches received a unanimous and unqualified "yes" starting with the presentation on a variety of old-fashioned plates that looked like they were partnered with the mis-matched chairs and quilt-like wallpaper. If we eat with our eyes and you order the crepe named Italy, then you are on the path to the clean plate club at Seven Swans. It was artfully presented and decorated with cherry tomatoes, basil, and balsamic, while inside there was pesto, mozzarella, and tomatoes. It was like a Margarita pizza with pesto, and it was delicious.

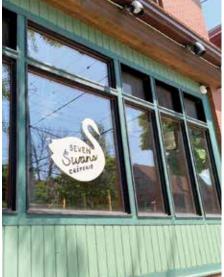
For her Goodfellas, my companion requested her sunny-side-up egg on the side instead of layered on top of her crepe. She was presented with the perfect egg on a warm plate. For the Goodfellas crepe, the chef included six hefty bacon slices, melted cheddar, and for contrast, strawberry preserves. Bacon, Cheese, and strawberry are not a common combo, but the overall flavors were umami-rich, salty, sweet, and buttery.

The presentation of the Brunch was equally impressive with pickled red onions and sprouts on the plate suggesting something delicious would be revealed inside the crepe. And so it was. This was a meal-and-a-half thanks to the combination of tender smoked salmon, dill-flavored cream cheese, and arugula. When the generous filling met the pickled red onions and the sprouts, magic happened. Damn, it was good!

If you want it all in your crepe, order the Farmer's Market, an overstuffed delight with cheddar, bacon, caramelized onions, cherry tomatoes, and spinach. Top that with a sunny-side-up egg and you have breakfast and lunch, a feast for a hearty







eater. By contrast, my Frenchie was basic, caramelized onions and gruyere, but the abundance of both made this a filling meal.

You can satisfy your sweet tooth with one of several choices including the Paris (Nutella, strawberries, and bananas topped with whipped cream) or the Clean (lavender lemon curd topped with whipped cream, berries, and candied lemon). Or you can order my dream choice, the Campfire, marshmallows, chocolate ganache, and house made grahams and again, topped with whipped cream.

Instead of going all out with a sweet crepe, you can balance the savory with a rosemary tart, lavender shortbread, or a brownie which you might confuse with flourless chocolate cake because it was that rich and decadent.

We also enjoyed the drink selection, especially the Lemonade made with real lemons, the Blueberry Mint Sparkling Soda, and my favorite, the Fresh Mint Sparkling Soda. There are also multi espresso choices including Chai Latte and Matcha Latte. All the drinks may be prepared with almond or oat milk for people who are lactose-intolerant, or not.

Both times friends and I visited Seven Swans, we were delighted to note the restaurant was filled with customers. Whether you come from Riverwest or River Hills, you will fit in here. This is a fine addition to the Riverwest neighborhood, something new and different with a welcoming vibe and beautiful food.





# Neighbor Spotlight: MaryEllen Pride, Mystic Oracle

by BB Bishop

n a brilliant midsummer afternoon, MaryEllen Pride is at the top pf Reservoir Hill in Riverwest, explaining the practice of calling the quarters, part of the Neo-pagan protocol of casting a ritual circle, to a crowd of several dozen nonbelievers and practitioners alike. The occasion, a hand-fasting, or Wiccan wedding, is a joyous one and the relentless sun agrees. Under parasols, the rapt celebrants take in MaryEllen's melodic elaboration of the act as well as the underlying faith. Like the rote of a ranking professor, it's discernible she has given this exegesis often.

Since the 1970s, MaryEllen has been a practicing witch; more importantly, her journey has been one of advocacy and education, challenging the stigma surrounding paganism to legitimize the religion and its practitioners. While some consider paganism, neopaganism and Wicca to be distinct paths, they are rarely separate. Raised Catholic, the young devotee found similarities between the rites of both faiths; but was attracted to the ecological and feminist aspects, having emerged from the sixties and the women's movement. Similarly, the religion's contemporary height of popularity she feels is resonating with more people than ever, again concerned with Mother Earth and gender equality.

Initially, her introduction to the occult was fortune telling, perhaps a grocery store palmistry pamphlet that proved lucrative in the middle school lunchroom. Popular astrology at this time was in its heyday, and a young MaryEllen, born on a cusp, found herself trying to determine which sign she was. According to the methodology used, she may have been a few "degrees" either Virgo or Leo, and a lifelong path of inquiry was sparked. To this day, she prefers to use a heavy printed ephemeris, a tome that contains every planetary aspect of every birth time of the last two centuries; now in her fifth decade of practice she has worn through over a half-dozen copies.



painted a picture of a devilish alliance that had nothing to do with the nature religion. Having moved "back to the land" near Mukwonago, WI, her children were bullied and there was even fear of surveillance.

Returning to the east side of Milwaukee browught a closer connection to a practicing urban coven, which used to meet in the early 90's behind the curtained storefront of an former gallery on Fratney and Clarke. Being able to household along with her vibe that helps us reconnect to nature and our ancestors."

The relationship between witchcraft and psychic ability may have its roots in shamanism. Ancient herbalism practices sometimes included psychedelic substances used to heighten the senses. In spiritualism, seances are used not only to connect with those who have passed on, but sometimes to ask what the future may hold, as the relationship with time is not as distinct in their realm. Although not an advertised part of her psychic practice, MaryEllen, when requested, will perform a ritual connection to contact

the deceased. At the holy eve of Samhain (Halloween), "the veil between the worlds becomes thin, the world will begin to fall asleep."

Contact info. MaryEllen Pride (414) 224-6446 www.bestmilwaukeepsychic.com

#### At the holy eve of Samhain (Halloween), "the veil between the worlds becomes thin, the world will begin to fall asleep."

As a Wicca practitioner, MaryEllen has a direct lineage to Alex Sanders, the British founder of one of the two main branches of Wicca. The other, Gardnerian Wicca, was brought to the States by the legendary occult author Ray Buckland, a penpal of hers. Both Gerald Gardner, an anthropologist, and Sanders developed their craft in the era following the 1951 UK repeal of the centuries-old Witchcraft Act. Her correspondence wit Ray may some day end up in Buckland's Museum of Witchcraft & Magick; in one letter, she dictates her response to Buckland's gripes regarding a publisher's slack-paying by quoting a money-magic chant which is quite familiar in neopagan circles: "Dear [Publisher]: "Money Money Money, Me Me Me, Now Now Now!" (Reprinted for reader useanyone is welcome to try, even devout atheists.)

Her work brought MaryEllen to become the head of the national chapter of Covenant of the Goddess in the early 1980s, amidst a nascent Satanic Panic which would last for over a decade. Conservative media incited paranoia from the religious right; shows like Pagan Invasion

practicing-and platonic-high-priest, an MPS teacher, brought a sense of family as she raised her daughters following a divorce. MaryEllen was photographed by Frank Ford for the cover of Milwaukee Magazine in October 1991, which brought positive local coverage, and then soon helped lead the local Congregation of Unitarian Universalist Pagans (CUUPS). She was consistently voted Milwaukee's "Best Psychic" in the Shepherd Express—the category was abandoned after she took top prize year after year. Since those years she has also guided the inquisitive locally, emerging as a preeminent elder figure for a now thriving Milwaukee pagan community.

Ms. Pride has lived in Riverwest for the last 13 years. These days, along with the Earth-Sky connection on Reservoir Hill, which she calls the "top of the world," convenient for moon viewing as "one can see for miles," MaryEllen finds spiritual connection amongst the woods along the river. "There's a very strong nature/elemental vibe. The forest has taken back buildings and businesses which once existed there. A forest in the midst of a city has a calming



BITS AND PIECES October 2023 7



An invitation from Schlitz Audubon: Come to their Species Spooktacular! Sunday, October 22, 2023 Schlitz Audubon Nature Center 1111 E Brown Deer Rd 414.352.2880

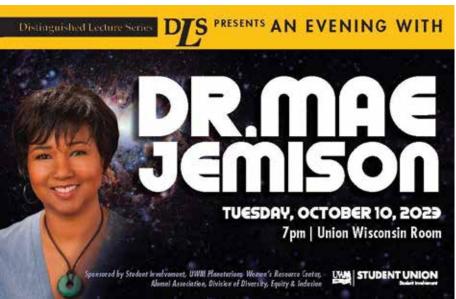
Come in costume and learn about some of nature's spooky and misunderstood animals. We'll dispel myths about them and share their ecological importance. Meet live animal ambassadors in our Great Hall, including snakes, tarantulas, turtles, and raptor ambassadors. Also vote for your favorite of our costumed taxidermy animals.

Hike our trails and stop in at the pavilion, tower, and maple grove to play games and make crafts. After visiting the stations, children will receive a sweet treat!

Arrive anytime within the 3-hour session and go at your own pace on this self-guided adventure. When you arrive, check in at The Stone Bench to receive your spooky station guide! This event will take place indoors and outdoors, rain or shine. On-site parking is included.

There are two sessions to choose from: 9am-Noon and 1-4pm. Ticket prices are: Adults, \$15 per person | Youth (3-17), \$10 per person | Children 2 and under, free!

Tickets available here: https://www.schlitzaudubon.org/species-spooktacular/







# Center Street Style

Kwame Rain & Irie. @ Truly Spoken

## **Mailman Mike** is retiring 2023

by Ellen Warren

#### **Published August 2008**

Same as it ever was, David Byrne Mike delivers the smiles Photos Barb Miner

ho's that guy with the antigravity arm, the one up in a wave before you can blink? The man with the sparkling eyes and sincere smile, who's ever-ready to burst out in an exuberant laugh?

Why, that would be Mike, of course! Mike the mailman, best loved mail carrier this side of, well, anywhere. Ask anybody on his northern Riverwest route. You'll hear nothing but enthusiastic praise in the kind of voice that's normally reserved for talking about close friends.

Honestly, it's a happening just to stand on the street talking with Mike. Inside of a few minutes he'll be interrupted several times by cars beeping, his name being called, or people waving. A big smile, a wave and a hearty, "How're you doing?" is his standard response. Then, "Have a good day!"

I have the great good fortune of having Mike as my mailman and, after a few years of witnessing the unprecedented popularity of this very public figure, asked my editors to allow a non-resident Riverwester to be spotlighted. After all, as Mike puts it, "This is my family, too, now. I'm here more than I'm at home." He's been on this route for the last five of his fifteen years with the USPS. In the recent past he's carried a second route as well. The Postal Service, like so many businesses these days, is pushing their employees harder. But even when he's overworked Mike keeps his uplifting attitude. "It's the appreciation I get," he explains, "when I get that, it's like I've won the lottery. That means a lot."

Mike shares some of the highlights of his job with me. He reveals how he was warned to look out for the elderly lady who was, supposedly, mean. "But the lady told me I'm the best mailman she ever had," he says, "and she's ninety! That's a big compliment."

Then there was the time "the little kids on the next block were crying because I'm not their mailman and I'm their friend's mailman." He chuckles and imitates the kids: "Mike always comes over there and he never comes over here!"

"I have about 5 or 6 'girlfriends', I call them, widows in their mid to upper 80s," says Mike. He keeps an eye on them, making sure their mail moves. "But if their mail sits there one day," he explains, "Then I gotta know what's happening." And Clara, another customer, wants him to drink champagne with her on her 100th birthday. "You know, I mean, that's a lot! This lady's a century! And she's respecting me," he shares with me, awe clear in his voice.

Sometimes when people ask Mike why he's always happy, always smiling, no matter what the weather, he replies, "Man, I'm healthy." There's a story behind that response. "I had a terrible automobile accident in July of '92, and I asked the Lord, 'If you let me up off of this stretcher, I promise I'll never have another bad day," he relates. "I'm still here, so I have to do my part." The recovery from his serious injuries took three months. "I'm just happy. I have no reason to doubt now. But you just gotta have faith. Faith... I never believed it could be what it is, until I tried." It's not that he's p a r t i c u l a r l y religious, as in churchgoing. He's



It's the people.

Some civil servants are just like my loved ones They work so hard and they try to be strong I'm a lucky guy to live in my building

Don't Worry About the Government

I think of the people that are working for me

Talking Heads/David Byrne)



not opposed to churches, but in his words, "I worship God, not man. I don't mean to sound rude about these ministers. But if you follow man you might find yourself in trouble sometimes." He laughs and adds, "Often." The thirteenth of thirteen children, Mike grew up around 26th and Hope. St. Agnes was his grade school, Whitefish Bay his high school. He joined the Army to see Europe after that, spending two and a half years in Germany. He explored Greece, Spain, France, Denmark and Holland in his free time. Returning stateside he acquired associate degrees in Business Management and Real Estate. For five years he owned a successful landscaping company, which he let go of after his car accident. He started working for the postal service shortly after his recuperation.

Mike bought a few houses in the area near his childhood home and lives in one about a mile from his parents. "I wouldn't be here if it wasn't for them," he tells us, as he'd prefer a warmer climate. But, for now, he feels very blessed to have both his dad, a welder for 40 years at A.O. Smith who's had Parkinson's disease for the last 20 years, and his mom, who's diabetic and suffered

a heart attack, still living. He also has a lovely daughter who recently made him a grandfather to a precious little girl. His family is large and now includes all of his customers.

For that matter, my mother is fond of him and she lives in Wautoma. His charisma leaves few untouched. "I just had a lady visiting her son" he shares, "and she said, 'Young man, can I talk to you for a moment? You just brighten up this area. You are just the nicest mailman. God is sending some messages through you.' Well, I don't know what he's doing. But I do thank him. Sometimes you might see me walking with some tears coming out while I'm talking to him and he's getting on me 'cause I'm not always perfect. He's telling me and I'm listening." Mike laughs.

"But he sends things through me. I can make people happy. I can make people laugh. And that's a gift, that's not me, that's a gift." That may be true, Mike, but we think you're the gift. And we are so thankful to be the This story is from 2008.

And they tell me it is 30 years of service for Mailman Mike. I know he has a last name. But you would not know him if it was not for his prefix. Mailman.

And Mailman Mike is retiring. He did not have my house on his route. But it mattered little, if I wandered north a bit and he caught my eye: Wave and smile! Love it.

Thanks Mailman Mike.

And thanks to Ellen Warren, who has written more Neighbor Spotlights then anyone else. She even interviewed a dog, oops, no her dog Budrick Bean interviewed another dog.

A celebrity too. Orbit- champion Frisbee catcher.

I know Orbit has retired, pretty sure Budrick Bean has too. May Mailman Mike enjoy many days of leisure, sunshine and smiles. vjbushell

## RIP Ray

by Max Jitney

ay (Clarence) Bielinski passed away peacefully on August 17th while in hospice care. Ray spent almost all of his life in Riverwest, most recently, since 1995, at 2723 North Weil. While you may not remember what Ray looked like - though he could often be seen sitting on his front steps watching over the neighborhood - his house is absolutely unforgettable. One of a kind.

Prior to Ray's moving in, neighbors describe the house as an unassuming Riverwest duplex, with flowerbeds and a lawn. This changed dramatically when Ray arrived. He spent most of his later years foraging and hoarding. At one time, he thought his hoarding might be caused by his OCDC and took prescription pills to cure it. They didn't. Hoarding is not that uncommon. There's even a TV show devoted to it.

He knew where the best dumpsters were: ALDIs and Dollar General. As his neighbors, we were constantly inundated with offers: would you like a case of baby food? Just slightly past expiration date? (We have no children) How about a shovel with a slightly broken handle? Any use for partially filled jugs of laundry detergent? Tons and tons of this detritus remain on the property, waiting to be hauled away.

At some point, the city determined that all his stuff was creating a safety hazard, as emergency responders would not be able to reach him. When he failed to respond promptly enough

getting in compliance, he decided he liked the house boarded up and told then to leave it that way.

He was careful not to keep biodegradables. No rats or mice

This might have been due in large measure to the colony of feral cats that Ray fed. As many as 6 at one time. When his own cat died, he decided not to get another one. There was no need. He already had a group of adoring felines living under his porch and in his yard.

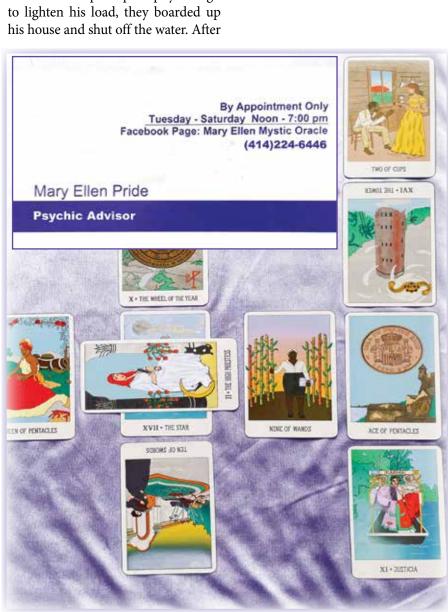
Once, the Arbor Day foundation mailed him a packet of tree seedlings in a fund raising effort. He went into his yard and planted all of them, some only 2 feet apart. Surprisingly, many of these survived and thrived: a white pine, a mulberry, a black cherry, a couple box elders etc. Which is why what you see today is a combination of urban forest and junk yard.

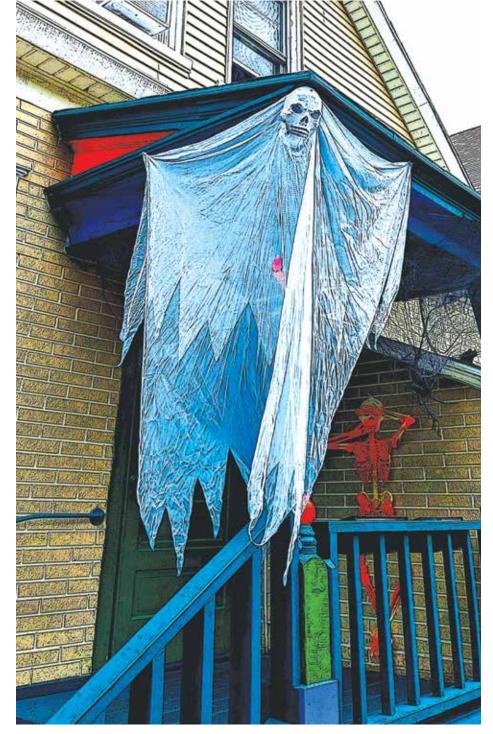
Like most of us, Ray could be both sweet and sour. While basically a loving soul, he tickled me when he would describe most of his neighbors as either current drug dealers, former drug dealers or people wanting to be drug dealers. Not many options, huh?

We have been blessed to have had Ray as a neighbor and friend all these years. And while what he hath wrought is not our idea of paradise, It's vastly preferable to some suburban blue grass monoculture resembling a putting green.

RIP, Ray.







# JOY ENGINE Sept 8 & 9 Historic Mitchel street nitelight



Nia Cardozo and Leilyna Tapia play with giant LiteBrite at Mitchel Street Art's NiteBrite festival

#### Milwaukee's Bright Nights: Immersive Artistry has Arrived

by BB Bishop

In the age of video chats, reels and now Apple Vision Pro—the AR/VR headset that will be vailable this spring, it's a challenge to describe immersive art within the limitations of 2D newsprint; however, it's impossible to ignore what's happening to Milwaukee's arts scene at night.

While cities like Montreal have long engaged the public with interactive art—usually public, such as projection mapping, late this summer Milwaukee hosted such a festival for the first time. In conjunction with Mitchell Street Arts, the public art people at Joy Engine brought 4D projection mapping to make the neighborhood come alive for two nights on Sept. 8 & 9.While it didn't blast the audience into the fourth dimension, a vibrant and diverse flock was wowed by the live technology, which along with dance, music and fashion performances made for one of the most electrifying weekends this summer.

What is 4D projection mapping? It starts with using a 3D scan of the area—usually a building or object—that will be the projection surface. LIDAR technology allows for fast, accurate laser scanning to be incorporated into artistic interpretation using software such as Resolume. A good projection artist will incorporate the surface, for example, the architecture of the building, into the visuals that they render. The added

dimension, motion, is achieved through the animation of visuals.

The creative visions of local projection artists were combined with that of students at MIAD's Innovation and Technology lab, and projected upon the Kunzelmann-Esser building at 710 West Historic Mitchell Street. The building is home to Mitchell Street Arts, whose mural show, "The Artof Limitless Scale," continued the public art theme. Curated by Isabel Castro, the revue of street Art in Milwaukee provides invaluable historical context to pieces you probably have passed by throughout the city.

Other performances included new dance pieces by Water Street Dance, Salsabrositas, and Warped Dance Company as well as the "Vatofied Experience" fashion show. Watching the incorporation of aerial silk dancers with experimental LED lighting against the backdrop of energetic Mitchell street, the crowd was fascinated.

This summer also featured "Evanescent," an installation of lighted, large plastic bubbles at the PAC, and "Deep Lake Future" at VAR Gallery, a surreal underwater interactive exhibit which will continue to run through December.

An upcoming event, "Resonance", emanates the energy of a mini-Burning Man. The event, which will be held in BayView, promises moving visuals, along with film, invention and sculpture. When combined with light artistry, sculptural art such as glass pieces take on new life. Glass artists Jennifer Espenscheid and Katie Veley will be showing. Veteran projection artist and LED master VJBrye will also perform along with sound alchemist John Stuart and electronic musician Scott Radke.

Historically, Milwaukee has actually had an active projection art scene for some time, just relatively underground. VJBrye has been active in the electronic music scene for the last two decades, and is a fixture at the Miramar Theatre, where he uses various digital media to bring the audio alive visually. Video Villains also brought sophisticated projection art to the venue, as

well as various outdoor local installations. Simplistiks specializes in laser projections.

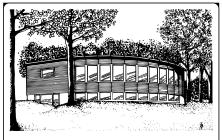
What's next for immersive art installations? Look for XR—Extended Reality and more laser projection, as advances bring previously unaffordable tech into our dimensions.



Laser projection at the Miramar Theatre photos by Casey Bishop



 $MIAD \cite{MIAD} and Technology lab, and projected upon the Kunzelmann-Esser building at 710 West \\ \cite{Mitchell Street}.$ 



### Milwaukee Friends Meeting (Quakers)

- Simplicity Peace Integrity
  - Community EqualitySustainability

Sunday Worship
Children's Program
Childcare

10:15 to 11:15 am

Meeting in person and virtually.

3224 N Gordon Place
(Take Auer east from Humboldt)

Tel. 414-263-2111

www.milwaukeequakers.org

#### Run Bambi Run The musical, Milwaukee Rep Theater Now Playing till October 22nd, 2023

review by Vince Bushell,

t's a rock musical. Says the Play Guide. And it **is** a rock musical. The actors all have instruments. And play them during the performance. And they play them well and they sing well. It comes across as a lot of fun. We are in the Tracks bar. Cops are dancing on tables. Good songs and musicians. Even Laurie Bembenek's parents get into to the act. Mom plays the stand up base and mom and dad argue about how to say Kościuszko.

Laurie wants to be a cop like her dad was. He tries to dissuade her. But she holds her ground and goes to cop school. At some point as Lauie's troubles with the system and knowledge of the foreboding future, I begin to wonder if this is an exercise in shadenfreud. After all, we all know the end of this story. No one is surprised when the Titanic sinks. We know dark clouds are in her future.

End of act one

Ha ha, the blond gets screwed, by the cops, by her husband, by her friend, by life itself. If only.

If only some little thi had happened differently. There is a murder. Fred's ex wife Christine Schultz is shot in the back. Murdered. The kids are home when this happened.

Who did it? Fred Schultz is a detective.

The cops look the other way. Laurie becomes a suspect. The DA, and the system wants her in jail for murder. The case is handled

She never gives up. She is a fighter till the

It is a story some of us lived through. I've seen the sign in the Tracks Bar that says no dancing on tables. In Roseanne's, an Italian Restaurant long gone, I remember seeing Laurie at a table. Just like the rest of us.

I did not know how the play would handle the emotion of all this. I credit Erika Olson with playing Laurie Benbenek in a way that brought empathy to the role and to the person who lived that life.

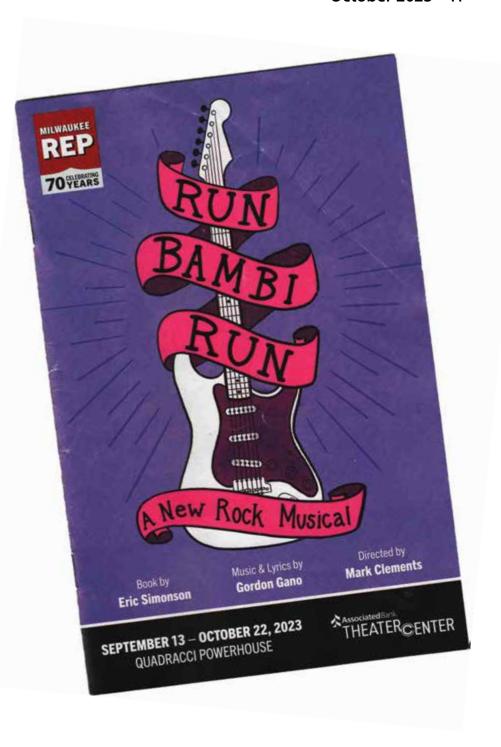
No one can say for certain who murdered Christine Schultz. And her death was

I left the theater feeling for Laurie, because Erika brought me there.

If there is justice, then Laurie Bembenek should be free. Even from the grave. It is a musical. And it is a tragedy for two women. One cruely murdered, one convicted of the crime on shoddy evidence and never given a chance to prove her innocence. They both were victims.

Kudos to all the performers, writers, musicians and the Rep for creating this story and creating it as a musical.

This is a story of Milwaukee in the 1980s. And Bembenek's sad life from then till her death in 2010. She never stopped fighting.



## Rats & Other Neighbors an art show from Peggy "Riverwest" McDowell Falcon Bowl, 801 E Clarke St. Sunday, Oct. 8, 1-6pm

I moved to Riverwest in the early 80s. I had escaped the rising prices of rent on the south side and wanted to participate in the brand new Riverwest ArtWalk. I had an upper flat on Bremen, and I was really excited. I volunteered at the Gordon Park FoodCo-op (located where Garden Park is now) and was doing a lot of portraits of folks that worked there.

At that time, the ArtWalk was juried by the Milwaukee Art Museum. I was told my art was not indicative of the neighborhood. I was juried out. I think it had more to do with the fact that my work was not abstract or expressionist or

Anyway, it pissed me off, and I decided to participate anyway. I made posters and called it Rats and Other Neighbors, because rats are not welcome in their neighborhoods either. I hung out a flag (like all the juried locations did) and opened my doors. Folks stopped by, bought things, enjoyed themselves and wondered why I was not on the map. So, I told them, and quite a few people called the art museum and complained!

Well, after that year, the Riverwest ArtWalk was never juried again. Fast forward to a few years later. The little studio across from Falcon Bowl became available and I decided to live there. Rent was cheap, and I was able to make art, have shows, and live the dream. I called it Riverwest Studio. When I went to get a phone, I found out that it was \$30 a month to have a personal phone and \$60 a month for a business phone, so I became Peggy Riverwest because I figured anyone looking for my studio would figure it out and know that was me. From then on, I signed all my artwork Peggy Riverwest.

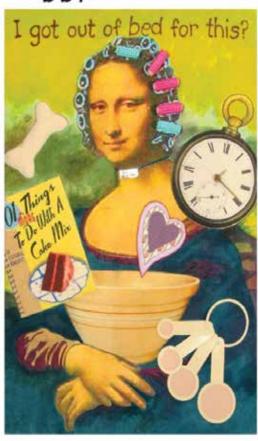
Two kids later, we decided to look for land up north, and in 1998, moved to Tomahawk, Wisconsin, where I have been ever since. I have an old building with a studio and two apartments, and I call it Jester Studio because historically, jesters were the only people who could tell the king the truth and keep their heads.

I have 30+ years of art accumulated. Some even from my Riverwest days. And it needs to find new homes. So, I decided to go back and rent Falcon Bowl and have a blow-out art sale. The date is Sunday, October 8, from 1-6pm. Both of my kids are musicians, and they will play their music. Robin McDumphy is a violinist that does dreamy loop station originals that will blow your mind. My son uses the stage name Johnny Dissent with his own originals he calls core folk

They will be joined by friends Michael Strike and the Goddamn Band (a one-man band with many instruments including accordion and saxophone) and Pour Choices, a 4-member band with folks from Wisconsin, Minnesota, North Dakota.

The event is called (you guessed it) Rats and Other Neighbors. The rat returns.

# Peggy Riverwest





"Rats and Other Neighbors"

#### **Currents October Calendar**

#### 1 SUNDAY

BREMEN CAFÉ Bingo w/Tony 6-8:30pm. FONDY FARMERS MARKET, 2200 W Fond du Lac 9am-2pm. Fondy proudly accepts SNAP benefits, WIC and Senior Farmers Market Nutrition Program Vouchers. RIVERWEST FARMERS MARKET On 2700 blk of N. Pierce Street, between Center and Hadley. 10am-3pm.

RIVERWEST YOGASHALA Yoga Foundations, all levels w/Tracey. 10:30-11:45am

SHOREWOOD FARMERS MARKET, Estabrook Park, 4100 Estabrook Pkwy. 9:30am-1pm. Live music from Jack Tell.

UPTOWNER Alex Wilson Blues Band 3pm

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Chess, coffee and conversation for adults 62+ at the Villa, 1-3pm. \$10 donation suggested. Learn more and rsvp at www.villaterrace.org.

#### 2 MONDAY

ALL PEOPLES GATHERING CHURCH, 2600 N 2nd Food distribution in our garden. Free produce, dairy and much more. Noon-4pm (or whenever food runs out) BREMEN CAFÉ Comedy Open Mic, 8pm. Then Music Open Mic w/ Ouzman

COMPANY BREWING Wisconsin's Hardest Trivia, 7-10pm

LINNEMAN'S Poet's Monday! Doors 7pm, performances start 7:30pm. \$3 cover. Featured poet: Ed Makowski

PINK HOUSE STUDIO Super Gentle Yoga w/Sarah (9:30-10:30am); Yoga w/Sarah (6-7:15pm)

RIVERWEST YOGASHALA Yoga Foundations w/Tracey 6-7:15pm

RIVERWEST YOGASHALA lyengar Yoga Studentship w/ Tracey 7:30-8:30pm

#### 3 TUESDAY

BLACK HUSKY BREWING Milwaukee's Worst Trivia, 7pm. At least there's beer to help you through it and you have a chance to win a \$10, \$20 or \$30 gift card! BREMEN CAFÉ Karoake w/Trixy Mercury

FALCON BOWL Traditional Tuesdays! Live music and dancing, featuring Extra Crispy Brass Band, 8-10pm. 7pm, Open Swing Dancing with DJ Hot Jazz Cass.

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Food Distribution at St. Casimir's Church INDOORS -- 4-6pm. Proudly serving the 53212, 53211, 53217, 53202, and 53203 zip codes! 924 E Clarke Volunteer food distribution hours: 2:30 or 3:30 - 6:30pm

MIRAMAR THEATRE R&B Tuesday. 21+. 9pm

PINK HOUSE STUDIO GIA Grace in Action 4 Everybody (9:15am); Keep It Simple Yoga (6pm)

RIVERWEST ELDERS on the radio (WXRW riverwestradio.com 104.1 FM) Karen Beaumont presents: Rabbit Hole (Short Story with Music). Airs at 7pm or you can stream it any time.

RIVERWEST YOGASHALA Yoga Basics w/Hart, 6-7pm UPTOWNER Dave Bayles Trio 7-9pm

WOODLAND PATTERN \*in person\* Workshop: A Line, a Poem, and a Joke Walked into a Bar: Comedy Writing and Performance. With Mauricio Kilwein Guevara. 6-7:30pm.

#### 4 WEDNESDAY

ALL PEOPLES GATHERING CHURCH, 2600 N 2nd Food distribution in our garden. Free produce, dairy and much more. Noon-4pm (or whenever food runs out) BACK ROOM @Colectivo/Prospect Slow Pulp w/special guest Babehoven

bar centro Jazz Jam - open mic. See website for details: centrocaferiverwest.com

BLACK HUSKY BREWING Valley Fox, 6:30-8:30pm (every first Wednesday)

BOSWELL BOOK COMPANY, 2559 N Downer Ross Gay, author of The Book of (More) Delights (Algonquin Books, 2023). Co-sponsored by Woodland Pattern. 7:30-8:30pm

BREMEN CAFÉ Trivia 6:30pm

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, FREE Admission Day from 10am to 5pm

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Chess in House classes and competition for high school students from 4-6pm. Visit www.charlesallis.org for more information.

COMPANY BREWING Engage & Activate: Diverse Professionals Forum. 7pm. Designed to create an atmosphere that fosters social wellness, networking, and a sense of belonging among a cross-sector of corporate and community leaders and employee resource groups, these

in-person happy hour events include complimentary food, drink specials, and DJ Bizzon creating the vibe. Free and open to the public.

LINNEMAN'S Acoustic Open Stage -- Doors, 7pm. Sign-up, 7:30pm. Show starts at 8pm. Featured performer: Ken Mennen

PINK HOUSE STUDIO GIA Grace in Action 4 Everybody (9:15-10:30am); Yoga w/ Kat (11am-Noon)

RIVERWEST YOGASHALA Intro to Slow Flow w/Haley, 5:30-6:15pm

SHANK HALL Guytano, 8pm, \$15

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, FREE Admission Day from 10am to 5pm

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Friends of Villa Terrace, "Hooked on Rugs" Reception and Conversation with artist Emily Robertson from 6 - 8:30pm. Tickets \$25. RSVP at www.friendsofvillaterrace org

WOODLAND PATTERN \*in person\* Reading Group: Ping Pong Book Club, 6pm

WOODLAND PATTERN \*online\* Community Readshop: Robin Blaser's The Holy Forest, 6-7:15, \$Give what you

#### **5 THURSDAY**

BACK ROOM @Colectivo/Prospect Jeff Leeson BREMEN CAFÉ Mu 9pm, The Living Johnsons 9:45pm, Lake Drive 10:30pm, Ugly Cousin 11:15pm

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Autumn at the Allis ft. Wandering Nerve. Dessert truck Sweetly Baked will be on site. PLUS, the opening night of Michael Lagerman's exhibition "Not Pictured" from 5-9pm. FREE. Get tickets at bit.ly/ AutumnAtTheAllis2023

FONDY FARMERS MARKET, 2200 W Fond du Lac 9am-2pm. Fondy proudly accepts SNAP benefits, WIC and Senior Farmers Market Nutrition Program Vouchers.

JAZZ GALLERY CENTER FOR THE ARTS, 926 E. Center St., Riverwest Elders OWL (Older. Wiser. Local.) in-person gathering, 1-4pm. Vince Bushell of the Riverwest Currents: October '23 Issue

PINK HOUSE STUDIO Dharma Recovery Meditation group, 6:30-8pm

RIVERWEST YOGASHALA Gentle, Healing, Supportive Yoga, 7:30-8:45pm

SHANK HALL Todd Barry, 7:30pm, \$25 TWO BAR (718 E Burleigh) Speed Vibing, 8pm

#### 6 FRIDAY

ALL PEOPLES GATHERING CHURCH, 2600 N 2nd Food distribution in our garden. Free produce, dairy and much more. Noon-4pm (or whenever food runs out)
ART\*BAR Exhibit opening, 7pm: FEAR20 - 20th Annual Halloween Show!

BACK ROOM @Colectivo/Prospect Kate Bollinger bar centro Kashena Armon. See website for details:

par centro Kasnena Armon. See website for details. centrocaferiverwest.com

BREMEN CAFÉ Drumbalaya

INSPIRATION STUDIOS, 1500 S 73rd Street Opening reception for InDustReal, 5-8pm. Original works by Dan Kirchen (Milwaukee) and Rob Pritzlaff (West Allis). Industry and art will blend to create an exhibit of two distinct approaches to industrial representation by two artists who have become good friends over the years. The artists have planned a blend of ink and paint on glass and pastels on paper for their exhibit. Complimentary refreshments will be served, and original artwork will be available for purchase.

JAZZ GALLERY CENTER FOR THE ARTS, 926 E. Center St., Riverwest Elders OWL (Older. Wiser. Local.) in-person gathering, 1-4pm. First Friday! Drum Circle hosted by Dr. Colleen Galambos.

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food sort hours: 8:30-10:30am

LINNEMAN'S Maximiano's Birthday Celebration, ft. Rainbow Cobra. 7:30-10:30pm. \$12

MAD PLANET Friday Night Retro Dance Party, 9pm, \$7 PINK HOUSE STUDIO GIA Grace in Action 4 Everybody

RIVERWEST YOGASHALA Yoga All Levels w/Tracey 9am SHANK HALL Willie Porter Band, Anne Heaton. 8pm, \$25

THE FERMENTORIUM VINYL LOUNGE, 6933 W North Av (Wauwatosa) Retro 80s! With DJ Mosh Wah & Sage Schwarm. Starts 7pm. Costume Competition at 9pm. Food served til 9pm.

#### 7 SATURDAY

3rd ANNUAL BLOCKTOBERFEST, blocks of Becher in West Allis West Allis Cheese & Sausage Shoppe hosts a great day of live music, wonderful food, craft vendors, kids & activities & of course Oktoberfest beer! Music Lineup: Kid Elephant - 12-2pm. Paddygrass - 3-5pm. Driveway Thriftdwellers - 6-8pm. Lakefront Firkin Tapping at 1pm. Food from Station No. 06 Grill Stand, Becher Meats, West Allis Cheese & Sausage Shoppe, The Bake Sale, Archie's Flat Top, Wild Roots, Scratch Ice Cream ART\*BAR Live Music w/ Pierce Crask, 9pm

BACK ROOM @Colectivo/Prospect Ratboys

bar centro Billy Peterson Jazz Trio (Billy Peterson, Bill Carrothers, & Devin Drobka). See website for details: centrocaferiverwest.com

BEET STREET 2023 Bay View Block Party, an annual collaborative free fall festival that celebrates live music, community building, and film with seasonal drinks, local food vendors, and a punk rock rummage sale that highlights numerous local artists and vintage purveyors. 2-8pm.

BLACK HUSKY BREWING Milwaukee's Worst Brewery Tour, 12:30 pm.

BREMEN CAFÉ Blind Hill 10pm. Half-Holiday 11pm. Good Reverend 12am

CENTRAL LIBRARY, 814 W Wisconsin Av Milwaukee's Central Library's 125th Anniversary, 10am-3pm celebration with a program on the history of the building, building stations for kids in the Central Library Children's Room, and a glass plate photography program. A special presentation of a proclamation from Mayor Cavalier Johnson will be made to Library Director Joan Johnson at 12:30 p.m. with refreshments (while supplies last). Visit mpl.org/Central125 for more info.

DANCEWORKS STUDIO, 1661 N Water, DanceLAB presents: Get It Out There. Two shows, 6pm & 8pm. A variety of genres, including contemporary, dance theatre, voice and music composition will comprise the two distinct shows. https://danceworksmke.org/purchase-tickets/FALCON BOWL Music by Jump the Bluff, Two and a Half Stars, and Spudbucket, doors at 7pm, music at 8pm FONDY FARMERS MARKET, 2200 W Fond du Lac 7am-2pm. Fondy proudly accepts SNAP benefits, WIC and Senior Farmers Market Nutrition Program Vouchers. KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Food Distribution at St. Casimir's Church parking lot -- 8:30-10:30am. Proudly serving the 53212, 53211, 53217, 53202, and 53203 zip codes!

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food distribution hours: 7:30-11:30am

LINNEMAN'S Tower Avenue Band, 8-10:30pm. No cover.

MAD PLANET Non-Pop! DJs, live art, henna, visuals. Non-profit support goes to "Making Strides Against Breast Cancer" through The American Cancer Society. Starts 9pm

MILWAUKEE OKTOBERFEST, Cathedral Square Park Squeezettes, 2:30-5pm

MIRAMAR THEATRE LUZCID'Illusions'Tour PINK HOUSE STUDIO Martial Arts w/Samual, 3:30-4:45pm

RIVERWEST YOGASHALA Yoga Foundations, 9am. //
Mat Pilates w/Christine, 11-11:50am

SHANK HALL Willie Porter Band, Anne Heaton. 8pm, \$25 STAND FOR PEACE at 92nd & Burleigh Noon until 1pm.

We'll stand with the Notre Dame nuns. THE COFFEE HOUSE, 2717 E Hampshire Songwriters'

#### 8 SUNDAY

Round Robin, 7:30-9:30pm

BACK ROOM @Colectivo/Prospect Margaret Glaspy BRADY STREET PET PARADE 11am-3pm. Music provided by Lilliput Records! Pet contests! Pet Parade starts at 1pm and makes its way around the neighborhood to St. Hedwig church for the pet blessing. Event MC: Matt Wild! Vendors and lots of adorable pets in creative costumes A do-not-miss event for animal lovers, and it's free.

BREMEN CAFÉ Bingo w/Tony 6-8:30pm.

FALCON BOWL Peggy Riverwest presents: "Rats and Other Neighbors" Retrospective & Rummage with live music, 1-6pm, free

FONDY FARMERS MARKET, 2200 W Fond du Lac 9am-

2pm. Fondy proudly accepts SNAP benefits, WIC and Senior Farmers Market Nutrition Program Vouchers. JUNIOR'S, Sherman Phoenix, 3536 W Fond du Lac, Pay What You Can Plant-based Brunch! (10am) Check out the "veggie soul" food by Junior's Smoked BBQ's coowner, Allison Trice.

RIVERWEST FARMERS MARKET On 2700 blk of N. Pierce Street, between Center and Hadley. 10am-3pm. RIVERWEST YOGASHALA Yoga Foundations, all levels w/Tracey. 10:30-11:45am

SHANK HALL Christopher's Project presents The Music of Maze, Maxwell & Kem. 7pm, \$20 adv / \$25 door SHOREWOOD FARMERS MARKET, Estabrook Park, 4100 Estabrook Pkwy. 9:30am-1pm. Live music from Sliphorn Jazz Band.

UPTOWNER Alex Wilson Blues Band 3pm

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Chess, coffee and conversation for adults 62+ at the Villa, 1-3pm. \$10 donation suggested. Learn more and rsvp at www.villaterrace.org.

WOODLAND PATTERN \*hybrid\* Concert: Alternating Currents Live presents Katie Ernst. 7pm, \$15 general admission, \$13 member admission

**9 MONDAY** -- Indigenous Peoples' Day (Columbus Day) ALL PEOPLES GATHERING CHURCH, 2600 N 2nd Food distribution in our garden. Free produce, dairy and much more. Noon-4pm (or whenever food runs out) BACK ROOM @Colectivo/Prospect Bre Kennedy w/special guest Sarah Walk

BREMEN CAFÉ Comedy Open Mic, 8pm. Then Music Open Mic w/ Max (Diet Lite)

LINNEMAN'S Poet's Monday! Doors 7pm, performances start 7:30pm. \$3 cover. Featured poet: Robin Christle

PINK HOUSE STUDIO Super Gentle Yoga w/Sarah (9:30-10:30am): Yoga w/Sarah (6-7:15pm)

RIVERWEST YOGASHALA Yoga Foundations w/Tracey

RIVERWEST YOGASHALA lyengar Yoga Studentship w/ Tracey 7:30-8:30pm

#### 10 TUESDAY

BLACK HUSKY BREWING Milwaukee's Worst Trivia, 7pm. At least there's beer to help you through it and you have a chance to win a \$10, \$20 or \$30 gift card! BREMEN CAFÉ Pinball Tourney 6pm; later, Karoake w/ Trixy Mercury

COMPANY BREWING Hey, High, Hello: A conversation on cannabis. Utilizing clips from cult classics and pop-culture favorites like Friday, Half-Baked, and Harold & Kumar, this evening brings together experts, advocates, and the community to explore the legalization, criminalization, and wellness of cannabis and CBD. 6:30pm

EAST LIBRARY, 2320 N Cramer Riverwest Elders Wisdom Gathering, Noon - 1:30pm. Half-hour selection of movie laughs. BYO lunch and movie snacks. Popcorn will be provided. See you at the Movies!

FALCON BOWL Traditional Tuesdays! Live music and dancing, featuring Ole Sam & the Teardrops, 8-10pm. 7pm, Open Swing Dancing with DJ Hot Jazz Cass.

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Food Distribution at St. Casimir's Church INDOORS -- 4-6pm. Proudly serving the 53212, 53211, 53217, 53202, and 53203 zip codes!

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food distribution hours: 2:30 or 3:30 - 6:30pm MIRAMAR THEATRE R&B Tuesday. 21+. 9pm

PINK HOUSE STUDIO GIA Grace in Action 4 Everybody (9:15am); Keep It Simple Yoga (6pm)

RIVERWEST ELDERS on the radio (WXRW riverwestradio.com 104.1 FM) Karen Beaumont: Lost & Found (Sequel to Rabbit Hole, Story & Music). Airs at 7pm or you can stream it any time.

RIVERWEST YOGASHALA Yoga Basics w/Hart, 6-7pm SHANK HALL Julianna Hatfield, On Being An Angel 8pm, \$25

UPTOWNER Dave Bayles Trio 7-9pm

UWM UNION, Wisconsin Room (2200 E Kenwood Blvd, 2nd Fl) Distinguished Lecture Series: Mae Jemison. 7-9pm. Dr. Jemison is a former NASA astronaut and the first woman of color in the world to venture into space. Experience her remarkable journey and gain valuable insights into the future of space exploration. Discover the groundbreaking work of Dr. Jemison and her leadership in the 100 Year Starship initiative. Tix \$5-20, purchase here: https://uwm.universitytickets.com/w/event.aspx?id=1978

WOODLAND PATTERN \*in person\* Workshop: A Line, a Poem, and a Joke Walked into a Bar: Comedy Writing and Performance. With Mauricio Kilwein Guevara. 6-7:30pm.

#### 11 WEDNESDAY

ALL PEOPLES GATHERING CHURCH, 2600 N 2nd Food distribution in our garden. Free produce, dairy and much more. Noon-4pm (or whenever food runs out) BACK ROOM @Colectivo/Prospect Noah Gundersen

BLACK HUSKY BREWING Traditional Irish Music Jam Session, 6:30-9pm (every second Wednesday) BREMEN CAFÉ Trivia 6:30pm

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Chess in House classes and competition for high school students from 4-6pm. Visit www.charlesallis.org for more information.

COMPANY BREWING Deaf Trivia w/Quizmaster Taylor Koss, 7-9pm. All welcome to participate, regardless of your knowledge of ASL (American Sign Language).

LINNEMAN'S Acoustic Open Stage -- Doors, 7pm. Sign-up, 7:30pm. Show starts at 8pm. Featured performer: Ann Marie Metz

PINK HOUSE STUDIO GIA Grace in Action 4 Everybody (9:15-10:30am); Yoga w/ Kat (11am-Noon)

RIVERWEST YOGASHALA Intro to Slow Flow w/Haley, 5:30-6:15pm

SHANK HALL Adrian Legg, 8pm, \$25

WOODLAND PATTERN at THE COOPERAGE, 822 S Water St Poetry Unplugged 20th Anniversary Reunion Showcase. In celebration of two decades of Poetry Unplugged, Milwaukee's longest-running open mic experience and spoken word collective, with founder and host Kwabena Nixon. Mesmerizing performances from an all-star line-up of local and national poets and special guest performers, backed by one of Milwaukee's favorite live bands, Cigarette Break. Doors 7pm; event starts 8pm.

#### 12 THURSDAY

BACK ROOM @ Colectivo/Prospect Margo Cilker w/special quest Christy Hays

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Autumn at the Allis ft. Treccy MT with food truck Cocina Filipina on site. 7-9pm. FREE. Get tickets at bit.ly/ AutumnAtTheAllis2023

FONDY FARMERS MARKET, 2200 W Fond du Lac 9am-2pm. Fondy proudly accepts SNAP benefits, WIC and Senior Farmers Market Nutrition Program Vouchers.

JAZZ GALLERY CENTER FOR THE ARTS, 926 E. Center St., Riverwest Elders OWL (Older. Wiser. Local.) in-person gathering, 1-4pm. Melissa Bollow Tempel: School Teacher with Acceptance

PINK HOUSE STUDIO Dharma Recovery Meditation group, 6:30-8pm

RIVERWEST YOGASHALA Gentle, Healing, Supportive Yoga, 7:30-8:45pm

SHANK HALL Jason Eady, Midnight River Choir. 8pm, \$20

TWO BAR (718 E Burleigh) Speed Vibing, 8pm

#### 13 FRIDAY

ALL PEOPLES GATHERING CHURCH, 2600 N 2nd Food distribution in our garden. Free produce, dairy and much more. Noon-4pm (or whenever food runs out)

ART\*BAR Live Music w/ League of Erics, 9pm

BACK ROOM @ Colectivo/Prospect Geese

bar centro Mike Conrad Trio. See website for details: centrocaferiverwest.com

BREMEN CAFÉ Big Oil, Moon Medallion, Shinzon COMPANY BREWING Michael Jackson vs. Bruno Mars. Ft. Rob Knapp & The Soul Patrol. DJ DRIP Sweat will also be spinning records. Doors 9pm. \$10

JAZZ GALLERY CENTER FOR THE ARTS, 926 E. Center St., Riverwest Elders OWL (Older. Wiser. Local.) in-person gathering, 1-4pm. DIY Day: Bring your own creative project, or use our materials

project, or use our materials
KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food sort hours: 8:30-10:30am

LINNEMAN'S The Fall Sound. 8-10pm. \$TBA MAD PLANET Friday Night Retro Dance Party, 9pm, \$7 PINK HOUSE STUDIO GIA Grace in Action 4 Everybody

RIVERWEST YOGASHALA Yoga All Levels w/Tracey 9am SHANK HALL Low Cut Connie, Matthew Logan, Vasquez. 8pm, \$30

#### 14 SATURDAY

(9:15am)

ART\*BAR Live Music w/ Joseph Krechel, 9pm BACK ROOM @ Colectivo/Prospect Jacob Slade w/special guests Sleepy Gaucho, Smushie

bar centro Ethan Phillips Trio. See website for details: centrocaferiverwest.com

BLACK HUSKY BREWING Milwaukee's Worst Brewery Tour, 12:30 pm.

BREMEN CAFÉ Bremen Bazaar 12-7pm. Later, BremSin w/The Brewcity Bombshells

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Storytime at the Allis for children ages 4 to 10 from 9-11am. Sign-up at bit.ly/StorytimeAtTheAllis FALCON BOWL Metal. Music. All. Day. Long.

FONDY FARMERS MARKET, 2200 W Fond du Lac 7am-2pm. Fondy proudly accepts SNAP benefits, WIC and Senior Farmers Market Nutrition Program Vouchers.

INSPIRATION STUDIOS, 1500 S 73rd Street InDustReal, an exhibit by Daniel Kirchen and Rob Pritzlaff, open gallery viewing from 1-3pm.

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Food Distribution at St. Casimir's Church parking lot -- 8:30-10:30am. Proudly serving the 53212, 53211, 53217, 53202, and 53203 zip codes!

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food distribution hours: 7:30-11:30am

LINNEMAN'S Diet Lite w/Chapped Lips, Basketball Divorce, Zippo Man. 8-11:30pm. \$10 MAD PLANET House Your Body

MIRAMAR THEATRE ALLEYCVT Planet Supersonic Fall Tour 2023

Lex Martin, Brew City Bass, & Miramar Theatre Present... PLANET SUPERSONIC
OUR LADY OF LOURDES, 3722 S 58th St Oktoberfest &

Artisan Fair: Squeezettes play 6:30-9:30pm PINK HOUSE STUDIO Martial Arts w/Samual,

3:30-4:45pm RIVERWEST YOGASHALA Yoga Foundations, 9am. //

KIVEKWEST YUGASHALA Yoga Foundations, 9am. / Mat Pilates w/Christine, 11-11:50am SHANK HALL Lovin' Kind, 8pm, \$10

STAND FOR PEACE at MLK Drive & North Av Join with Peace Action of Wisconsin in our 20th year of standing for peace, noon until 1pm

UWM PLANETARIUM, Solar Eclipse Viewing Party, 11am-1pm. Experience a partial solar eclipse with peak visibility at approximately 12 noon. Special glasses will be available for safely viewing the eclipse. We will also offer 40-min planetarium shows afterwards. For more information, visit uwm.edu/planetarium

#### 15 SUNDAY

BREMEN CAFÉ Bingo with Tony, 6-8:30pm. Music later: Lemon Knife 9:40pm; The Unrulies 9:55pm; Dorons 10:55pm

FONDY FARMERS MARKET, 2200 W Fond du Lac 9am-2pm. Fondy proudly accepts SNAP benefits, WIC and Senior Farmers Market Nutrition Program Vouchers. MILWAUKEE ART MUSEUM Family Sundays / Domingo

Familiar: Dia de los Muertos. Reúnanse con familiares y amigos para celebrar la belleza y tradición del Día de Muertos. Gather together with family and friends at the Milwaukee Art Museum to celebrate the beauty and tradition of Day of the Dead. 10 am - 4 pm

RIVERWEST FARMERS MARKET On 2700 blk of N. Pierce Street, between Center and Hadley. 10am-3pm.

RIVERWEST YOGASHALA Yoga Foundations, all levels w/Tracey. 10:30-11:45am // 5Rhythms 3:30-5pm SHANK HALL Giacomo Turra, \$15

SHOREWOOD FARMERS MARKET, Estabrook Park, 4100 Estabrook Pkwy. 9:30am-1pm. Live music from Micah

UPTOWNER Alex Wilson Blues Band 3pm

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Chess, coffee and conversation for adults 62+ at the Villa, 1-3pm. \$10 donation suggested. Learn more and rsvp at www.villaterrace.org.

ALL PEOPLES GATHERING CHURCH, 2600 N 2nd Food distribution in our garden. Free produce, dairy and much more. Noon-4pm (or whenever food runs out) BREMEN CAFÉ Comedy Open Mic, 8pm. Then Music Open Mic w/ Parker (Social Cig)

COMPANY BREWING Wisconsin's Hardest Trivia, 7-10pm

FALCON BOWL Traditional Tuesdays! Live music and dancing, featuring Sliphorn Jazz Band, 8-10pm. 7pm, Open Swing Dancing with DJ Hot Jazz Cass.

#### 16 MONDAY

LINNEMAN'S Poet's Monday! Doors 7pm, performances start 7:30pm. \$3 cover. Featured poet: Ed Werstein PINK HOUSE STUDIO Super Gentle Yoga w/Sarah (9:30-10:30am); Yoga w/Sarah (6-7:15pm) RIVERWEST YOGASHALA Yoga Foundations w/Tracey

RIVERWEST YOGASHALA Yoga Foundations w/Tracey 6-7:15pm

RIVERWEST YOGASHALA lyengar Yoga Studentship w/ Tracey 7:30-8:30pm

#### *17 TUESDAY*

BACK ROOM @ Colectivo/Prospect Jervis Campbell w/ special guest Nathan Colberg

BLACK HUSKY BREWING Milwaukee's Worst Trivia, 7pm. At least there's beer to help you through it and you have a chance to win a \$10, \$20 or \$30 gift card!

BREMEN CAFÉ Karoake w/Trixy Mercury

GORDON PARK PAVILION, 2828 N Humboldt Friends of Gordon Park monthly (3rd Tuesday) meeting, 6pm. Kickoff event w/food, drink, and silent auction fundraiser. More info at Friends of Gordon Park -- Facebook page

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Food Distribution at St. Casimir's Church INDOORS -- 4-6pm. Proudly serving the 53212, 53211, 53217, 53202, and 53203 zip codes!

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food distribution hours: 2:30 or 3:30 - 6:30pm MIRAMAR THEATRE R&B Tuesday. 21+. 9pm

PINK HOUSE STUDIO GIA Grace in Action 4 Everybody (9:15am); Keep It Simple Yoga (6pm)

RIVERWEST ELDERS on the radio (WXRW riverwestradio.com 104.1 FM) "The A.M. Book Report," on avoiding mind-control by the media.. Airs at 7pm or you can stream it.

RIVERWEST YOGASHALA Yoga Basics w/Hart, 6-7pm SHANK HALL Stop Light Observations, 8pm, \$15 UPTOWNER Dave Bayles Trio 7-9pm

WOODLAND PATTERN \*in person\* Workshop: A Line, a Poem, and a Joke Walked into a Bar: Comedy Writing and Performance. With Mauricio Kilwein Guevara. 6-7:30pm.

#### 18 WEDNESDAY

ALL PEOPLES GATHERING CHURCH, 2600 N 2nd Food distribution in our garden. Free produce, dairy and much more. Noon-4pm (or whenever food runs out) BACK ROOM @ Colectivo/Prospect Bell Witch w/special guest Spirit Possession

BLACK HUSKY BREWING Ernie & Jordan of Chicken Wire Empire. 6:30pm. (every third Wednesday) BREMEN CAFÉ Trivia 6:30pm

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Chess in House classes and competition for high school students from 4-6pm. Visit www.charlesallis.org for more information.

LINNEMAN'S Acoustic Open Stage -- Doors, 7pm. Sign-up, 7:30pm. Show starts at 8pm. Featured performer: Sean Hendley

PINK HOUSE STUDIO GIA Grace in Action 4 Everybody (9:15-10:30am); Yoga w/ Kat (11am-Noon)

RIVERWEST YOGASHALA Intro to Slow Flow w/Haley, 5:30-6:15pm WOODLAND PATTERN \*in person\* Reading Group: Ping

Pong Book Club, 6pm WOODLAND PATTERN \*online\* Community Readshop: Robin Blaser's The Holy Forest, 6-7:15, \$Give what you

#### 19 THURSDAY

can

bar centro Jazzy Joan. See website for details: centrocaferiverwest.com

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Autumn at the Allis ft. Caley Conway with food truck Rots Hots on site. 7-9pm. FREE. Get tickets at bit.ly/ AutumnAtTheAllis2023

FONDY FARMERS MARKET, 2200 W Fond du Lac 9am-2pm. Fondy proudly accepts SNAP benefits, WIC and Senior Farmers Market Nutrition Program Vouchers.

JAZZ GALLERY CENTER FOR THE ARTS, 926 E. Center St., Riverwest Elders OWL (Older. Wiser. Local.) in-person gathering, 1-4pm. Carol Hale, Community-Made Paint-Sample Mosaic, Part 2

LINNEMAN'S Best Place Bluegrass w/special guest Colin O'Brien. 7:30-10pm. \$10

PINK HOUSE STUDIO Dharma Recovery Meditation group, 6:30-8pm

RIVERWEST YOGASHALA Gentle, Healing, Supportive Yoga, 7:30-8:45pm

SHANK HALL Jackie Venson, 8pm, \$20 TWO BAR (718 E Burleigh) Speed Vibing, 8pm WOODLAND PATTERN \*hybrid\* Concert: Formations Series for New & Improvised Music, 7pm, \$10

#### 20 FRIDAY

ALL PEOPLES GATHERING CHURCH, 2600 N 2nd Food distribution in our garden. Free produce, dairy and much more. Noon-4pm (or whenever food runs out) ART\*BAR Live Music w/ Carl Erikstrup, 9pm BACK ROOM @ Colectivo/Prospect This is the Kit bar centro Claudia Johnson. See website for details: centrocaferiverwest.com BREMEN CAFÉ Passion Park Experience

JAZZ GALLERY CENTER FOR THE ARTS, 926 E. Center St., Riverwest Elders OWL (Older. Wiser. Local.) in-person gathering, 1-4pm. Game Day is back, baby! (Easy, Fun Board Games & More)

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food sort hours: 8:30-10:30am

LINNEMAN'S Weird Fishes (a tribute to Radiohead), 9-11:30pm. \$10

MAD PLANET Friday Night Retro Dance Party, 9pm, \$7 MIRAMAR THEATRE TRUTH / MYTHM / Seth David / Unknown Prophet

OLD GERMAN BEER HALL (Hofbrau Haus), 1009 N Old World Third Street (MLK Drive) Squeezettes, 7-10pm PINK HOUSE STUDIO GIA Grace in Action 4 Everybody (9:15am)

RIVERWEST YOGASHALA Yoga All Levels w/Tracey 9am SHANK HALL Li'l Ed & the Blue Imperials, 8pm, \$20 TWISTED DREAMS FILM FESTIVAL Times Cinema, 5906 W Vliet (Wauwatosa). 8th Annual!

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Fall Exhibition Celebration. Meet exhibiting artists, learn about their work and enjoy live music and light snacks from 6-8pm. Learn more and RSVP at www.villaterrace.org.

WOODLAND PATTERN \*hybrid\* Poetry Reading: David Abel, Stacy Blint, and Grace Mitchell. 7pm, \$Give what you can.

#### 21 SATURDAY

ART\*BAR Live Music w/ 5pm To Nowhere, 9pm bar centro MJI NIGHT - Russ Johnson Quartet. See website for details: centrocaferiverwest.com

BLACK HUSKY BREWING Milwaukee's Worst Brewery Tour, 12:30 pm. BREMEN CAFÉ Chili cookoff, 5pm; later, Cocoa

Pearlesque FONDY FARMERS MARKET, 2200 W Fond du Lac 7am-

2pm. Fondy proudly accepts SNAP benefits, WIC and

Senior Farmers Market Nutrition Program Vouchers. INSPIRATION STUDIOS, 1500 S 73rd Street InDustReal, an exhibit by Daniel Kirchen and Rob Pritzlaff, open gallery viewing from 1-3pm.

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Food Distribution at St. Casimir's Church parking lot -- 8:30-10:30am. Proudly serving the 53212, 53211, 53217, 53202, and 53203 zip codes! Volunteer food distribution hours: 7:30-11:30am

LINNEMAN'S Joe Richter Band, 8-11pm. \$10

MAD PLANET Michael Jackson vs Prince Dance party

PINK HOUSE STUDIO Martial Arts w/Samual,

3:30-4:45pm

RIVERWEST INVESTMENT COOP (RIC) ANNUAL MEETING 4:30-6pm, Falcon Bowl. This meeting is open to the community. Please RSVP to riverwestinvest@gmail.

RIVERWEST YOGASHALA Yoga Foundations, 9am. // Mat Pilates w/Christine, 11-11:50am

SHANK HALL Sam Llanas, 8pm, \$20

STAND FOR PEACE at Capitol Dr & Oakland Av Noon until 1pm. Focus on Cuba--calling on US to end its blockade THE COFFEE HOUSE, 2717 E Hampshire Bill Camplin, 7:30-9:30pm

TWISTED DREAMS FILM FESTIVAL Times Cinema, 5906 W Vliet (Wauwatosa). 8th Annual!

UWM PLANETARIUM Centennial Party, 6-8pm. Join us in celebrating the 100th anniversary of the invention of the planetarium! Bring family and friends to enjoy cake, indoor stargazing shows, and outdoor telescopes to observe the Moon and other astronomical objects. Shows will run every half hour and highlight the legacy of the planetarium in reconnecting us to the cosmos. This event is free and open to the public.

#### 22 SUNDAY

FONDY FARMERS MARKET, 2200 W Fond du Lac 9am-2pm. Fondy proudly accepts SNAP benefits, WIC and Senior Farmers Market Nutrition Program Vouchers. MIRAMAR THEATRE Supremacy — Live Battle Rap Event presented by Black Ice Cartel

RIVERWEST FARMERS MARKET On 2700 blk of N. Pierce Street, between Center and Hadley. 10am-3pm. RIVERWEST YOGASHALA Yoga Foundations, all levels

w/Tracey. 10:30-11:45am SCHLITZ AUDUBON NATURE CENTER, 1111 E Brown Deer Rd, Species Spooktacular! Two sessions, 9am-Noon and 1-4pm. Learn about some of nature's spooky and misunderstood animals like snakes, tarantulas, raptors and more. Tix at schlitzaudubon.org/species-spooktacular SHANK HALL Soft Machine, 7pm, \$25

SHOREWOOD FARMERS MARKET, Estabrook Park, 4100 Estabrook Pkwy. 9:30am-1pm. Live music from Valley

TWISTED DREAMS FILM FESTIVAL Times Cinema, 5906

#### **Currents October Calendar**

W Vliet (Wauwatosa). 8th Annual! VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Chess, coffee and conversation for adults 62+ at the Villa, 1-3pm. \$10 donation suggested. Learn more and rsvp at www.villaterrace.org.

#### 23 MONDAY

ALL PEOPLES GATHERING CHURCH, 2600 N 2nd Food distribution in our garden. Free produce, dairy and much more. Noon-4pm (or whenever food runs out) BREMEN CAFÉ Comedy Open Mic, 8pm. Then Music Open Mic w/ Phil

COMPANY BREWING Wisconsin's Hardest Trivia, 7-10pm

FALCON BOWL Traditional Tuesdays! Live music and dancing, featuring TBD, 8-10pm. 7pm, Open Swing Dancing with DJ Hot Jazz Cass.

LINNEMAN'S Poet's Monday! Doors 7pm, performances start 7:30pm. \$3 cover. Featured poet: Tim Knapp PINK HOUSE STUDIO Super Gentle Yoga w/Sarah (9:30-10:30am); Yoga w/Sarah (6-7:15pm)

RIVERWEST YOGASHALA Yoga Foundations w/Tracey 6-7:15pm

RIVERWEST YOGASHALA lyengar Yoga Studentship w/ Tracey 7:30-8:30pm

#### 24 TUESDAY

BLACK HUSKY BREWING Milwaukee's Worst Trivia, 7pm. At least there's beer to help you through it and you have a chance to win a \$10, \$20 or \$30 gift card! BREMEN CAFÉ Karoake w/Trixy Mercury

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Food Distribution at St. Casimir's Church INDOORS -- 4-6pm. Proudly serving the 53212, 53211, 53217, 53202, and 53203 zip codes!

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food distribution hours: 2:30 or 3:30 - 6:30pm MIRAMAR THEATRE R&B Tuesday. 21+. 9pm

PINK HOUSE STUDIO GIA Grace in Action 4 Everybody (9:15am); Keep It Simple Yoga (6pm)

RIVERWEST ELDERS on the radio (WXRW riverwestradio.com 104.1 FM) Mother-Extraordinaire, Nicole Hightower: Home Schooling. Airs at 7pm or you can stream it any time.

RIVERWEST YOGASHALA Yoga Basics w/Hart, 6-7pm SHANK HALL Kiss the Tiger, The Nile Club, Spoy. 8pm, \$10

UPTOWNER Dave Bayles Trio 7-9pm

WOODLAND PATTERN \*in person\* Community: Everything Wants to be Loved: The Color Purple Book Group and Writing Workshop. 6-7pm. Open to the public.

#### 25 WEDNESDAY

ALL PEOPLES GATHERING CHURCH, 2600 N 2nd Food distribution in our garden. Free produce, dairy and much more. Noon-4pm (or whenever food runs out) BACK ROOM @ Colectivo/Prospect Gilla Band w/special quest Bambara

BREMEN CAFÉ Trivia 6:30pm

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Chess in House classes and competition for high school students from 4-6pm. Visit www.charlesallis.org for more information.

LINNEMAN'S Acoustic Open Stage -- Doors, 7pm. Sign-up, 7:30pm. Show starts at 8pm. Featured performer: Nick Pearson

PINK HOUSE STUDIO GIA Grace in Action 4 Everybody (9:15-10:30am); Yoga w/ Kat (11am-Noon)

RIVERWEST YOGASHALA Intro to Slow Flow w/Haley, 5:30-6:15pm

#### 26 THURSDAY

BACK ROOM @ Colectivo/Prospect Darlingside w/special quest Field Guide

CHARLES ALLIS ART MUSEUM, 1801 N Prospect Av, Autumn at the Allis ft. Bryan Rogers with food truck Tots on the Street on site. 7-9pm. FREE. Get tickets at bit.ly/AutumnAtTheAllis2023

FONDY FARMERS MARKET, 2200 W Fond du Lac 9am-2pm. Fondy proudly accepts SNAP benefits, WIC and Senior Farmers Market Nutrition Program Vouchers.

JAZZ GALLERY CENTER FOR THE ARTS, 926 E. Center St., Riverwest Elders OWL (Older. Wiser. Local.) in-person gathering, 1-4pm. Tie Dye Workshop with artist Lizzy Shefft

LINNEMAN'S Cynthia Starich ft. Chris Hanson & The Gang. 8-10pm, \$10

PINK HOUSE STUDIO Dharma Recovery Meditation group, 6:30-8pm

RIVERWEST YOGASHALA Gentle, Healing, Supportive

Yoga, 7:30-8:45pm

SHANK HALL Electric Six, The Surfrajettes. 8pm, \$20 TWO BAR (718 E Burleigh) Speed Vibing, 8pm WOODLAND PATTERN \*hybrid\* Poetry Reading: Quan Barry, 7pm, \$Give what you can.

ZAFFIRO'S, 1724 N Farwell Riverwest Elders (fourth Thursday) Birthday Lunch -- because every day is somebody's birthday! Noon - 1:30pm

#### 27 FRIDAY

ALL PEOPLES GATHERING CHURCH, 2600 N 2nd Food distribution in our garden. Free produce, dairy and much more. Noon-4pm (or whenever food runs out) ART\*BAR Live Music w/ Micah Olsan, 9pm

BACK ROOM @ Colectivo/Prospect Be Your Own Pet w/ special guest Birthday Girl

bar centro Heirloom. See website for details: centrocaferiverwest.com

BREMEN CAFÉ Nine Inch Nail 9pm. Prince 10pm. Alice Coopper 11pm.

DANCEWORKS STUDIO, 1661 N Water, BOUNDLESS 8pm show. Jazz dance emerges from intricate stepping patterns and vibrant social dance styles deeply rooted in the rich tapestry of West African Dance and the Diaspora. BOUNDLESS investigates the roots and branches of this form, drawing inspiration from Swing Styling, Hip Hop, and vernacular stepping patterns, all infused with a Contemporary Jazz spin. Tix \$22-35 @https://danceworksmke.org/purchase-tickets/

JAZZ GALLERY CENTER FOR THE ARTS, 926 E. Center St., Riverwest Elders OWL (Older. Wiser. Local.) in-person gathering, 1-4pm. Margaret Griffin: The Precious Found-Object, an art workshop

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food sort hours: 8:30-10:30am

LINNEMAN'S Halloween Covers Show w/ Night Again, Vanity Plates, The Flare Ups, Aliens Exist. 8pm, \$10 MAD PLANET Annual Halloween Costume Party MIRAMAR THEATRE Late Night Radio with Motify, Mikey Thunder, Vinyl Restoration

PINK HOUSE STUDIO GIA Grace in Action 4 Everybody (9:15am)

RIVERWEST YOGASHALA Yoga All Levels w/Tracey 9am SHANK HALL FRENSHIP, 8pm, \$20

UWM PLANETARIUM Searching For Life, 7-8pm. Are we alone in the cosmos? This question has intrigued us for eons. Learn how the James Webb Space Telescope, the largest and most powerful space telescope ever built, is helping in the search for distant worlds and their potential to host life.

WOODLAND PATTERN \*in person\* Open mic series, resound return! A place to incubate new work and dust off old poems. Sign-up upon arrival. Last Friday of every month, 7pm, \$Give what you can.

#### 28 SATURDAY

ART\*BAR Halloween Party!!! 9pm

BACK ROOM @ Colectivo/Prospect Charlies Cunningham w/special guest Ethan Tasch

bar centro Jerry Grillo. See website for details: centrocaferiverwest.com

BIKE & BODY'S 3rd ANNUAL COSTUME RIDE Bike & Body is a bike fitting and physical therapy studio located at 2995 S Delaware. Meet at 3:30, roll at 4:30pm!

BLACK HUSKY BREWING Milwaukee's Worst Brewery Tour, 12:30 pm.

DANCEWORKS STUDIO, 1661 N Water, BOUNDLESS 4pm and 7:30pm shows. Jazz dance emerges from intricate stepping patterns and vibrant social dance styles deeply rooted in the rich tapestry of West African Dance and the Diaspora. BOUNDLESS investigates the roots and branches of this form, drawing inspiration from Swing Styling, Hip Hop, and vernacular stepping patterns, all infused with a Contemporary Jazz spin. Tix \$22-35 @ https://danceworksmke.org/purchase-tickets/

FONDY FARMERS MARKET, 2200 W Fond du Lac 7am-2pm. Fondy proudly accepts SNAP benefits, WIC and Senior Farmers Market Nutrition Program Vouchers.

INSPIRATION STUDIOS, 1500 S 73rd Street InDustReal, an exhibit by Daniel Kirchen and Rob Pritzlaff, open gallery viewing from 1-3pm.

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Food Distribution at St. Casimir's Church parking lot -- 8:30-10:30am. Proudly serving the 53212, 53211, 53217, 53202, and 53203 zip codes! Volunteer food distribution hours: 7:30-11:30am

LINNEMAN'S Another One Halloween (Grateful Dead Tribute), 8-11pm, \$10

MAD PLANET Halloween Costume Party- 90s music edition

PINK HOUSE STUDIO Martial Arts w/Samual, 3:30-4:45pm

RIVERWEST YOGASHALA Yoga Foundations, 9am. // Mat Pilates w/Christine, 11-11:50am

SHANK HALL Alanna Royale, Ben Mulwana. 8pm, \$20 STAND FOR PEACE at 27th & Oklahoma Join with Peace Action of Wisconsin in our 20th year of standing for peace, noon until 1pm

THE COFFEE HOUSE, 2717 E Hampshire Frogwater, 7:30-9:30pm

UPTOWNER Voot Warnings, VOOT WARNINGS. 8pm-ish

#### 29 SIINDAY

BACK ROOM @ Colectivo/Prospect A. Savage w/special quest Max Niemann

BREMEN CAFÉ Bingo w/Tony 6-8:30pm.

DANCEWORKS STUDIO, 1661 N Water, BOUNDLESS 2:30pm show. Jazz dance emerges from intricate stepping patterns and vibrant social dance styles deeply rooted in the rich tapestry of West African Dance and the Diaspora. BOUNDLESS investigates the roots and branches of this form, drawing inspiration from Swing Styling, Hip Hop, and vernacular stepping patterns, all infused with a Contemporary Jazz spin. Tix \$22-35 @ https://danceworksmke.org/purchase-tickets/

FONDY FARMERS MARKET, 2200 W Fond du Lac 9am-2pm. Fondy proudly accepts SNAP benefits, WIC and Senior Farmers Market Nutrition Program Vouchers. FRUIT BOWL at the Falcon Bowl! Get into a spooky Halloween fun time at the Fruit Bowl, a queer and trans market. Applications open thru midnight, Sept. 25 LINNEMAN'S Jon Byrd & Paul Niehaus. Doors 4pm, music 5pm. \$10

RIVERWEST FARMERS MARKET On 2700 blk of N. Pierce Street, between Center and Hadley. 10am-3pm. RIVERWEST YOGASHALA Yoga Foundations, all levels w/Tracey. 10:30-11:45am

SHANK HALL Vince Herman, 8pm

SHOREWOOD FARMERS MARKET, Estabrook Park, 4100 Estabrook Pkwy. 9:30am-1pm. Live music from Tlalok UPTOWNER Alex Wilson Blues Band 3pm or after Packer game

VILLA TERRACE ART MUSEUM, 2220 N Terrace Av, Dias de Los Muertos Celebration with live music and food from 1-5pm. Get tickets at www.villaterrace.org. WOODLAND PATTERN \*in person\* Exhibition Reception: Here I Am, Standing, new work by Haerim Lee. Reception, 1-5pm. Artist talk at 2pm.

#### 30 MONDAY

ALL PEOPLES GATHERING CHURCH, 2600 N 2nd Food distribution in our garden. Free produce, dairy and much more. Noon-4pm (or whenever food runs out) BREMEN CAFÉ Comedy Open Mic, 8pm. Then Music Open Mic w/Guest Host

COMPANY BREWING Wisconsin's Hardest Trivia, 7-10pm

LINNEMAN'S Poet's Monday! Doors 7pm, performances start 7:30pm. \$3 cover. Featured poet: Kathrine Yets

PINK HOUSE STUDIO Super Gentle Yoga w/Sarah (9:30-10:30am); Yoga w/Sarah (6-7:15pm)

RIVERWEST YOGASHALA Yoga Foundations w/Tracey 6-7:15pm

RIVERWEST YOGASHALA lyengar Yoga Studentship w/ Tracey 7:30-8:30pm

SHANK HALL Dianna Jones cd release show, 7pm, \$10

#### **31 TUESDAY --** Happy Halloween!

BLACK HUSKY BREWING Milwaukee's Worst Trivia, 7pm. At least there's beer to help you through it and you have a chance to win a \$10, \$20 or \$30 gift card! BREMEN CAFÉ Karoake w/Trixy Mercury

FALCON BOWL Traditional Tuesdays! 7pm, Open Swing Dancing with DJ Hot Jazz Cass.

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Food Distribution at St. Casimir's Church INDOORS -- 4-6pm. Proudly serving the 53212, 53211, 53217, 53202, and 53203 zip codes!

KINSHIP COMMUNITY FOOD CENTER, 924 E Clarke Volunteer food distribution hours: 2:30 or 3:30 - 6:30pm MIRAMAR THEATRE R&B Tuesday. 21+. 9pm PINK HOUSE STUDIO GIA Grace in Action 4 Everybody (9:15am); Keep It Simple Yoga (6pm) RIVERWEST ELDERS on the radio (WXRW riverwestradio.com 104.1 FM) Halloween Show, & mystery guest... BOO! Airs at 7pm or you can stream it any time. RIVERWEST YOGASHALA Yoga Basics w/Hart, 6-7pm

UPTOWNER Dave Bayles Trio 7-9pm

#### Plant-based brunch, and you pick the price! Coming soon from Junior's

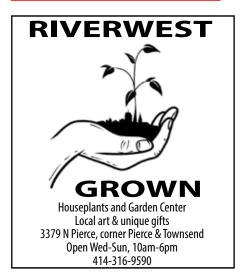
Pay what you can for a delicious plant-based brunch on Sunday, October 8 at Junior's Smoked BBQ at the Sherman Phoenix (3536 N Fond du Lac Av).

Allison Trice, co-owner of Junior's along with her husband Kevin Junior, has been creating luscious plant-based food for health reasons (she still loves meats and dairy, but had to tweak her diet because those foods were hard on her system), and has learned how satisfying it can be.

To spread the great news about plant-based eats, Junior's is offering up a pay-what-you-can brunch on Sunday, October 8 (and the following Sundays in October – the 15 th, 22 nd, and 29 th).

Some of the edible offerings include greens, yams, tofu scramble, mini quiches, muffins, roasted plantains and sweet potatoes, fresh fruit cups and barbecued jackfruit.

Junior's also offers many of these dishes, plus of course traditional barbecued ribs, pork shoulder and brisket – with sides like mac & Description – at their Sherman Phoenix location and at the South Shore Farmers Market on Saturdays, 8am-Noon.















SLOW DAY @ WORK

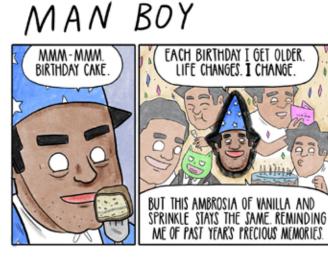
Ben Spehert



WRITTEN BY DAN PERLSTEIN

ART BY LANCE ORR

Beep Booboo Bop



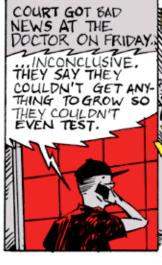














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